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NEVADA PEPPI E-POST

Strengthening Families with Education • Empowerment • Encouragement

October 12, 2026



ICWC - Stirring Up Kindness

Get your Chef hat on, grab your mixing spoons, and get ready to stir up kindness with Chef Peppi! Your message of kindness is the special ingredient that helps create a caring community and put an end to bullying.

October is National Bullying Prevention Month, so whisk together a kind, encouraging message and send it in for a chance to be entered in our weekly raffle. Visit the I Care We Care - Stirring Up Kindness webpage to pick up your templates and submit your kindness creation. Let's mix in some compassion, sprinkle in encouragement, and stir up kindness together!

FAMILIES SHARE

Solutions for Hope And Resiliency Exchange

Building Resilience in Children Using Fun Games

It's impossible to know exactly what trials and challenges life will throw your way, but there are steps you can take to equip your kids with the skills they need to overcome those hurdles. Here are a few activities that not only help with building resilience in children, but they will provide your kids with an afternoon of fun, too!

The Civil Rights of Students With Hidden Disabilities and Section 504

Not all disabilities are visible. Section 504 protects students with hidden disabilities from discrimination and helps ensure equal access at school and college—learn more about these important rights.



Great opportunities to increase your advocacy skills and improve education opportunities for your child. Register for these informative FREE trainings.

- Presented by Nevada PEP

Take Steps to Stop Bullying

Tuesday, October 13
5:00pm-6:00pm
If you are concerned about bullying, this workshop is for you! Join us as we discuss what bullying is, what to do if your child is being bullied, and what to expect after a report of bullying is made.

REGISTER NOW

Coffee Tea and IEP (In-Person Workshop)

Reno Office
Thursday, October 22
11:00am-12:00pm
Don't miss this in person, interactive discussion for families! Learn how to navigate the special education process, actively participate in IEP meetings, and gain practical strategies to set high expectations that support success for students with disabilities. **Please call 1-800-216-5188 to register.**

Understanding Section 504

Thursday, October 15
5:00pm-6:00pm
Section 504 protects students with disabilities from discrimination and exclusion. Join us to learn what a 504 Plan is, how it is different from an IEP, and how a Section 504 Plan can help your child succeed.

REGISTER NOW

¡Seis Consejos de Abogacía que Gira de un No a un Sí!
martes, 27 de octubre
10:00am-11:00am
¿Está cansado de que le digan "No"? Usted es el experto en su hijo y usted sabe las necesidades de su hijo y usted sabe las necesidades de su hijo. Aprenda cómo conseguirlo con estas seis estrategias de increíbles!

REGISTER NOW

Looking for more convenient times? Did you know our Free On Demand webinars are always available 24/7 in English and Spanish click here.

What are Related Services in Your Child's IEP

Related services help children with disabilities benefit from their special education by providing extra help and support in needed areas to help them meet the goals written in their Individualized Education Program (IEP). IDEA requires that a child be assessed in all areas related to his or her disability. The evaluation must be comprehensive to identify all the child's special education and related service needs. See IDEA's definition of related service. See some of the services that could be considered as related services in a child's IEP.



A Positive IEP Check-In

With the new school year in full swing, your child's teachers and therapists have had time to learn more about their strengths and needs. This is a great opportunity to request an IEP meeting to connect with new team members, celebrate progress, share updates or concerns, and make sure the right services and support are in place for a successful year. Remember, the IEP is

an individualized educational program created to support your child. As you prepare, explore these helpful ideas in English and Spanish.

Learn about SafeVoice

SafeVoice is a reporting system that students, parents, school, and community members can use to anonymously report threats to their own safety or that of others. A fully trained professional team of experts responds in an appropriate manner 24/7/365. Reports can be submitted on the mobile app, online, or by calling the hotline at 833.216.7233 (SAFE). For more information on SafeVoice or to make a report online, click here.



What Are Your Rights?

Nevada PEP's - #Safe Allies - **Know Your Rights Handbook** in English and Spanish is an important resource for students, parents and school district employees. Throughout this handbook, you will see the laws that apply to bullying both federally and in Nevada along with easy-to-understand explanations and key words. This handbook includes Nevada's bullying reporting and investigation process. Nevada PEP offers on-demand trainings - **Take Steps to Stop Bullying** webinar is filled with resources for parents.

Medicaid Eligibility Rules are Changing

Beginning in 2027, some Nevada Medicaid members may need to meet work, school, or volunteer requirements to maintain coverage. Families are encouraged to review exemptions, update contact information, and prepare early. Read more HERE.



Growing Kindness Every Day

Kindness helps young children build connection, feel included, and create a more positive environment for everyone. Research shows that teaching and

practicing kindness in schools can help reduce bullying, and helping others can boost children's own happiness. By talking about what kindness means and giving children simple ways to put it into action, adults can help kindness grow every day. Explore Ten Kindness Acts to Consider.

Helping Your Child Discover the Joy of Reading

Reading is a lifelong skill that opens the door to learning, imagination, and new possibilities. Building reading skills takes practice, while developing a love of reading grows through enthusiasm and shared experiences. Read together often and make story time enjoyable, engaging, and full of wonder. Explore these tips to help your child grow into a confident, enthusiastic reader.

Learn to Read: Reading Games



An engaging reading app that teaches phonics, spelling, and comprehension through games and stories, helping young learners become confident, independent readers.

Download on the App Store GET IT ON Google play

App by: 1cmobile

Partners in Policymaking

The application period for the 2027 Partners in Policymaking Class is now open for submission! Applications will be accepted until 3:00 PM on December 4, 2026. The application is available in English, ASL, and Español.
English/ASL – NGCDD Partners in Policymaking Application 2027
Español – NGCDD Socios en la Formulación de Políticas 2027
Applying early is encouraged!

Youth MOVE Nevada News

October is Bullying Prevention Month! We're spreading awareness, kindness, and support while reminding you that you're not alone. Check out our bullying prevention and mental health

resources. **Join us at our upcoming in-person event,** Built to Belong on October 17th. A chance to connect with other youth, enjoy trivia, and paint kindness rocks while celebrating kindness and belonging. Don't forget to follow us to stay connected!

7 Strategies to Teach Students Text Comprehension

Teaching children strategies for understanding what they read helps them become purposeful, active readers who are in control of their own reading comprehension. These seven strategies have research-based evidence for improving text comprehension.

PLANNING FOR THE FUTURE

From School to Career
Planning Futures with Pathful

In Nevada, students, families, and school staff partner together when students turn 14 to plan for life after high school. Many Nevada schools use a platform called Pathful to help students discover careers, learn how much different jobs may pay, and understand the income they may need to live independently. Through interest assessments, career exploration, course planning, and work-based learning, Pathful gives students tools to picture themselves succeeding in the world of work. Check with your school to ask if Pathful is included in transition activities.

Do You Know About:
Hand in Hand Together We Can?

Celebrate the amazing people who make a bright and lasting difference in your child's life! Send in a nomination, and they'll receive a Hand in Hand

lapel pin as a token of our appreciation. Your story, filled with their kindness and support, will also shine in our Hand in Hand Annual Yearbook. Click HERE to share your nomination and recognize someone who truly makes the world a little brighter!





Different Ways to Support Nevada PEP



Support Nevada PEP at Smith's

Helping Nevada PEP is easy! Simply enroll your rewards card by going to Smith's Inspiring Donations. Once you're successfully enrolled, choose Nevada PEP as your organization of choice. A portion of your purchase will be donated from Smith's. (Does not affect your normal Smith's card rewards!)

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