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June 10, 2026

Tips Avoid Travel Meltdowns and Sensory Overload

Traveling with kids can be tough no matter what. When kids have trouble processing sensory information, it can bring its own set of challenges. These [traveling tips](#) can help you avoid sensory overload — and travel meltdowns.



Optimistic Kids Have Parents Who Do These 6 Things

Optimism is a critical skill for happiness, health, and success. But, as parents, how do we lay the foundation for an optimistic outlook for our children? [Click Here to Learn More.](#)

Preventing the Summer Slide:

Fun Reading & Learning for Kids Over School Break

Summer vacation gives your child a much-needed break from school routines. But it can also cause what educators call the summer slide or "brain drain"—a learning gap that opens when kids spend long periods away from the classroom. Here are a few ways you can [encourage summer reading](#) while keeping the focus on fun and discovery.

UPCOMING WEBINARS **LIVE** **ONLINE**



Great opportunities to increase your advocacy skills and improve education opportunities for your child. Register for these informative FREE trainings.

- Presented by Nevada PEP

Take Steps to Stop Bullying

Thursday, June 11

5:00pm-6:00pm

If you are concerned about bullying, this workshop is for you! Join us as we discuss what bullying is, what to do if your child is being bullied, and what to expect after a report of bullying is made.

[REGISTER NOW](#) 

Coffee Tea and IEP

[\(In-Person Workshop\)](#)

Reno Office

Thursday, June 18

11:00am-12:00pm

Don't miss this small group in person learning opportunity for families! This guided interactive discussion will explore the special education process and encourage meaningful participation in IEPs. You'll leave with new ideas that encourage high expectations that lead to success for

Considering College - What You Need to Know

Tuesday, June 23

5:00pm-6:00pm

Do you have a disability and want to go to college? In this webinar we break down what youth with disabilities and their parents need to know about preparing for, applying to, and succeeding at college.

[REGISTER NOW](#) 

Ayude A Su Hijo a Concentrarse En El Aprendizaje

Martes, 23 de Junio

5:00pm-6:00pm

¿Su hijo/a tiene problemas de concentración y atención? ¿Su hijo/a tiene problemas para concentrarse en sus actividades en casa y en la escuela? Este taller le brindara estrategias para ayudar a

students with disabilities. **Please call 1-800-216-5188 to register.**

su hijo/a mejorar el enfoque, aprendizaje y comportamiento.

REGISTER NOW



Looking for more convenient times? Did you know our Free On Demand webinars are always available 24/7 in English and Spanish [click here](#).

Summer EBT Website and Summer Meals Program

Summer EBT (S-EBT) is a vital program from the U.S. Department of Agriculture Food and Nutrition Service (FNS) and its initiative ensures that children have access to nutritious food during the summer by providing eligible families with \$120 per eligible school-aged child on an Electronic Benefit Transfer (EBT) card. Use the [ACNV S-EBT Portal](#) to see if your child is eligible. Many families are facing food insecurities especially when school is out the [Nevada Summer Food Service Program](#) offers free meals to children and teens across the state all summer. To find locations click [HERE](#).



Moving From Early Intervention to Preschool: A Parent's Guide

As your child approaches their third birthday, their Early Intervention (Part C) services will conclude. Your child will then take an important next step: transitioning into school-based preschool services (Part B). This transition is a significant developmental milestone. While navigating this system shift can feel complex, dedicated teams are in place to support your family through the process. Click [Here](#) to learn more.

Retain Math Skills Over the Summer

Summer is a time for relaxation and fun, of course. But there's no reason why keeping kids' math skills sharp can't be both relaxing and fun! It's a fact that over summer break, students lose approximately two months of their math skills. Here are some ideas that can help parents to keep [math skills](#) sharp this summer.



Is Private School An Option?

Private schooling is another option Nevada families have to educate their children. The [Nevada Department of Education](#) maintains a directory of authorized private schools, oversees licensure and exemption processes, and investigates complaints to ensure compliance with applicable statutes and regulations. For families interested in exploring private school options, additional information and resources can be found at the links below:

- [Private School Special Education Q&A](#)
- [Private School Directory](#)
- [Nevada Choice Scholarship Program](#)

Do You Know About Work Without Limits?

[Work Without Limits](#) is a network that connects employers, educators, and service providers to increase employment opportunities for individuals with disabilities. The organization offers training, consulting, and benefits counseling to support inclusive workplaces and help job seekers succeed. You can access the [Benefits Counseling](#) and [Employment Network](#) services and create a profile on the Jobs Ability [Jobs Board](#) to have access to many jobs at disability-inclusive employers nationwide!



Let's Talk About Cyberbullying

The [Cyberbullying Talk](#) guide is designed to help parents and caregivers talk with their children about cyberbullying and online behavior. It offers simple, practical tips to keep kids safe, encourage open communication, and build positive habits when using technology. Don't forget to visit our [#SafeAllies](#) page and listen to our Podcast on Cyberbullying.

About the Nevada Future of Learning Network

The [Nevada Future of Learning Network](#) is central to the Nevada Department of Education's (NDE) ongoing efforts to transform Nevada's education landscape with [Personalized, Competency-Based Learning](#) (PCBL). The network connects educators, community partners, parents and students in the work of developing the systems and structures needed to advance student-centered learning practices in classrooms throughout the state. Learn more click the [Portrait of a Nevada Learner pamphlet](#).



Early Childhood



Supporting a Growing Vocabulary

Vocabulary is the foundation for all communication. Research suggests that a strong vocabulary is linked to future success and happiness, both in school and in later life. A rich vocabulary allows children to understand the books they read and the ideas that teachers may share at school. Here are [five things](#) you can do to support a growing vocabulary.

Summer Fun for Children with ADHD

Summer vacation is an exciting time of year, for all children, but for kids with ADHD and their parents the long days of summer, new activities and lack of structure can turn excitement into disaster. Here are some suggestions in [English](#) and [Spanish](#) to help kids with ADHD, have a fun, safe, relaxing break.

Math Land: Kids Addition Games

Math Land is a fun, educational adventure game that teaches kids addition, subtraction, and multiplication through exploring islands, solving challenges, and overcoming obstacles. With age-based content and engaging gameplay, it builds math skills while keeping learners motivated and entertained.



App by: [Didactoons - Educational Games for Kids](#)

Are You Passionate About Helping Families?

[Apply Here](#) for employment opportunities in Las Vegas and Reno, NV.



**WE ARE
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- Full Time Positions
- Openings Statewide
- Great Benefits Package

Nevada PEP is a statewide nonprofit organization serving families of children and youth with disabilities and behavioral health needs by empowering them to be life-long advocates for their children.

[NVPEP.ORG/CAREERS](https://nvpep.org/careers)

Youth MOVE Nevada News

June is Men's Mental Health month, so we have an [article from NAMI](#) that highlights the often-overlooked importance of men's mental health, encouraging open conversations, reducing stigma, and promoting support so that no one struggles in silence. All youth ages 12-24 across Nevada are invited to join our [weekly youth-led meetings](#) and be part of the conversation. Follow our social media to see all our mental wellness tips!



PLANNING FOR THE FUTURE

Building a future with meaningful work is possible with planning and preparation, and this [PEATC resource highlights how Competitive Integrated Employment](#) supports that vision. It addresses common concerns while offering practical solutions to help youth succeed in the workplace. With the right supports, youth can gain confidence, independence, and real-world skills. For more tips on preparing for the future, [check out our webpage](#) or contact your Nevada PEP specialist!

Do You Know About: Hand in Hand Together We Can?

Celebrate the amazing people who make a bright and lasting difference in your child's life! Send in a nomination, and they'll receive a Hand in Hand lapel pin as a token of our appreciation. Your story, filled with their kindness and support, will also shine in our Hand in Hand Annual Yearbook. Click [HERE](#) to share your nomination and recognize someone who truly makes the world a little brighter!



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Statewide:

Toll-Free (800) 216-5188

7211 W. Charleston Blvd.

Las Vegas, NV 89117

p: 702-388-8899

f: 702-388-2966

4600 Kietzke Lane, Suite I-202

Reno, NV 89502

p: 775-448-9950

f: 775-448-9603

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