

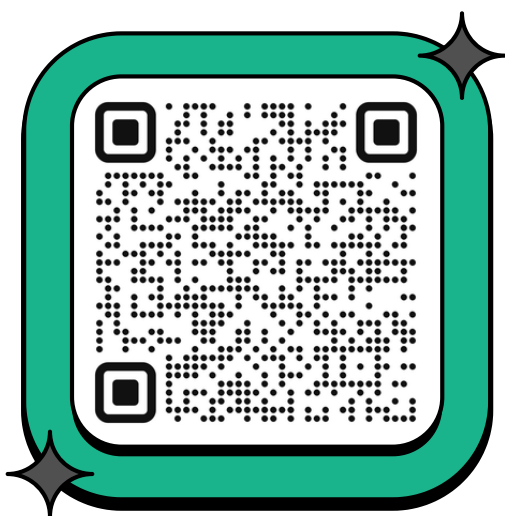
# Youth MOVE Nevada

Youth - Led & Youth Inspired



## Are you ready to make a change?

Youth and young adults ages 14-24, this is your chance to speak up, connect with peers, and make a difference in your community.



**Scan the QR code** to join the conversation.

- ✦ Talk about mental wellness
- ✦ Connect with your peers for support
- ✦ Speak out about what matters to you
- ✦ Use your voice to drive change

## What We Do and How to Get Connected

**Offer training for both** youth and professionals

**Host regular meetings** led by youth, for youth

**Share our stories** and support each other

**Speak up about issues** that affect youth



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