



Know Your Rights Handbook

Knowing and exercising your rights is an important part of bullying prevention.





QUICK REFERENCE



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The #SafeAllies



#SafeAllies is a collaboration of **Nevada PEP** and **Youth MOVE** Nevada. **#SafeAllies** reaches children and youth with digital resources and youth-designed activities.

#SafeAllies offers training workshops on the laws and processes for reporting a bullying incident and navigating the education system.

#SafeAllies provides individual assistance and support groups for families focused on the importance of aftercare to develop positive strategies and safe allies.



The purpose of #SafeAllies is to offer bullying information tools that children, youth and parents can use to effectively advocate for change.

One significant part of that advocacy is understanding your rights - the law.

Throughout this handbook, you will see the laws that apply to bullying both federally and in Nevada along with easy-to-understand explanations and key words.

The *Know Your Rights Handbook* is a one-stop resource for your advocacy journey, but **not intended as legal advice**. You can find more information on your rights related to bullying at nvpep.org/safe-allies.

Key WORDS



- **Bullying** - Unwanted, aggressive behavior that involves a real or perceived power imbalance and has potential to be repeated.
- **Mental Health** - This includes our emotional, psychological, and social well-being. It affects how we think, feel, and act.
- **Advocate** - To speak, write or stand up for something or someone.
- **NRS - (Nevada Revised Statutes)** The laws that are passed by the state legislature in Nevada.
- **Protected groups** - Groups of people, such as people of color, people in the LGBTQ community, or people with disabilities, that the law protects from discrimination and harassment.



FEDERAL LAW

Federal Law + Protected Classes

There are no federal laws that directly address bullying. However, in some cases, bullying overlaps with discriminatory harassment if it is based on race, national origin, color, sex, disability or religion, also referred to as protected classes. When bullying and harassment overlap, federally funded schools (public schools, public charter schools, public colleges and public universities) must resolve the harassment. If the situation is not resolved, the U.S. Dept. Of Education's Office of Civil Rights and the U.S. Dept. Of Justice Civil Rights Division may be able to help.

A school that does not respond appropriately to harassment of students based on protected class may be violating one or more civil rights laws, including:

- Title 4 and Title 6 of the Civil Rights Act of 1964
- Title 9 of the Education Amendments of 1972
- Section 504 of the Rehabilitation Act of 1973
- Title 2 and Title 3 of the Americans with Disabilities Act
- Individuals with Disabilities Education Act or IDEA

Notes:

Do any of these federal laws apply to your bullying situation?
If so, which ones and how?

This image shows a blank sheet of white paper with horizontal blue lines. A single vertical red line runs down the left side of the page, creating a margin. The lines are evenly spaced and extend across the width of the page.



(NRS 388.122)

Bullying means written, verbal or electronic expressions or physical acts or gestures, or any combination that are directed at a person or group of persons, or a single severe and willful act or expression and has the effect of:

- Physically harming or damaging the property of a person; or placing a person in reasonable fear of physical harm or damage to their property.

Interfere with the rights of a person by:

- Creating an intimidating or hostile educational environment; or substantially interfering with their academic performance or their ability to participate in or benefit from services, activities or privileges provided by a school.

Are acts or conduct described above and are based upon the:

- Actual or perceived race, color, national origin, ancestry, religion, gender identity or expression, sexual orientation, physical or mental disability of a person, sex or any other distinguishing characteristic or background of a person; or association with another person having those actual or perceived characteristics.

The term includes, without limitation:

- Repeated or pervasive taunting, name-calling, belittling, mocking or use of put-downs or demeaning humor regarding the actual or perceived race, color, national origin, ancestry, religion, gender identity or expression, sexual orientation, physical or mental disability of a person, sex or any other distinguishing characteristic or background of a person;
- Behavior that is intended to harm a person by damaging or manipulating their relationships with others by conduct that includes, spreading false rumors;
- Repeated or pervasive nonverbal threats or intimidation such as aggressive, menacing or disrespectful gestures;
- Threats of harm to a person, to their possessions or to other persons, whether such threats are transmitted verbally, electronically or in writing;
- Blackmail, extortion or demands for protection money or involuntary loans or donations;
- Blocking access to any property or facility of a school;
- Stalking; and physically harmful contact with or injury to a person or property.

The term bullying does not include expressions, acts or gestures which are engaged in as part of a mutual disagreement or conflict (added 2023 AB65).

Nevada Bullying Reporting and Investigation Process

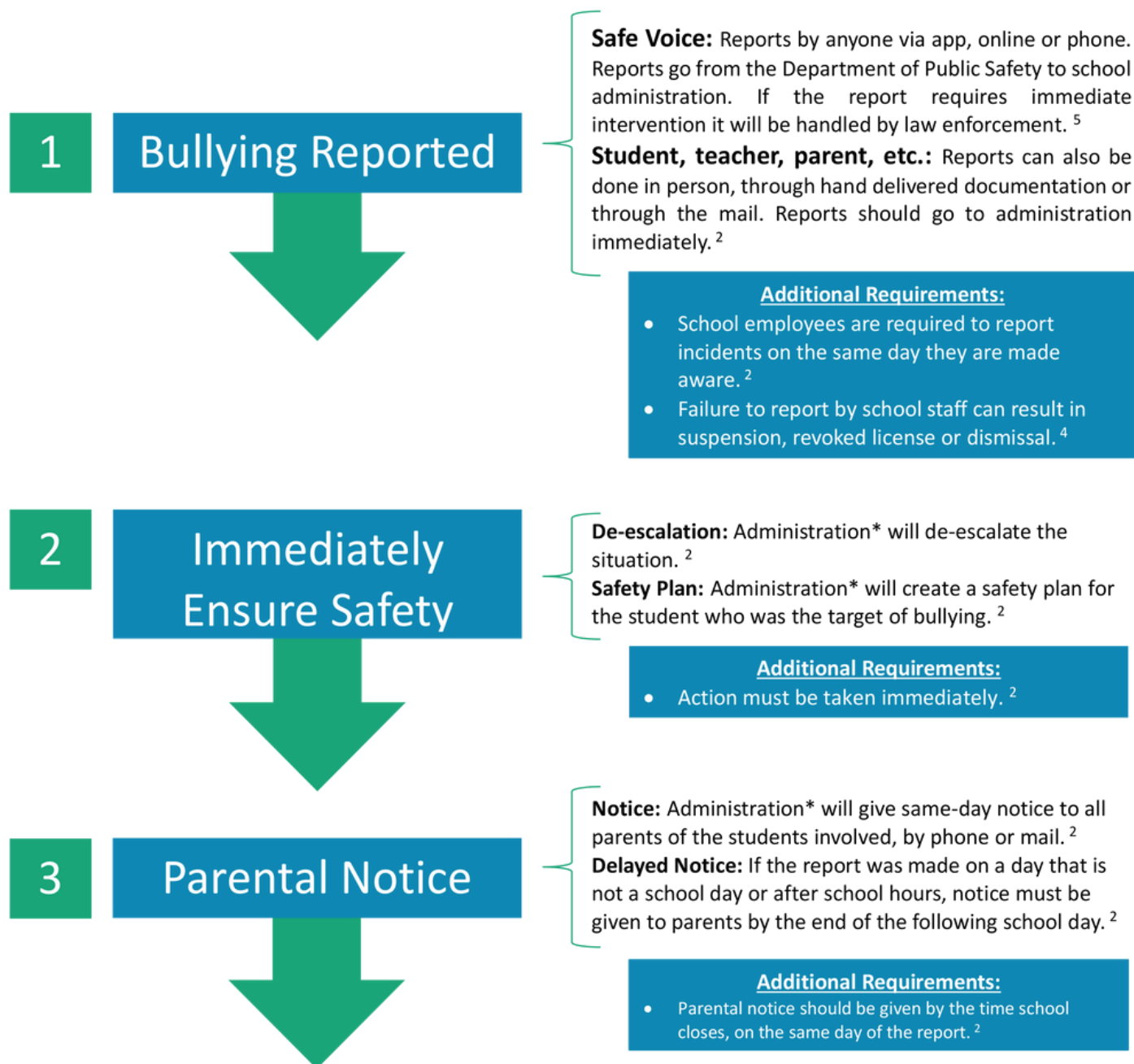


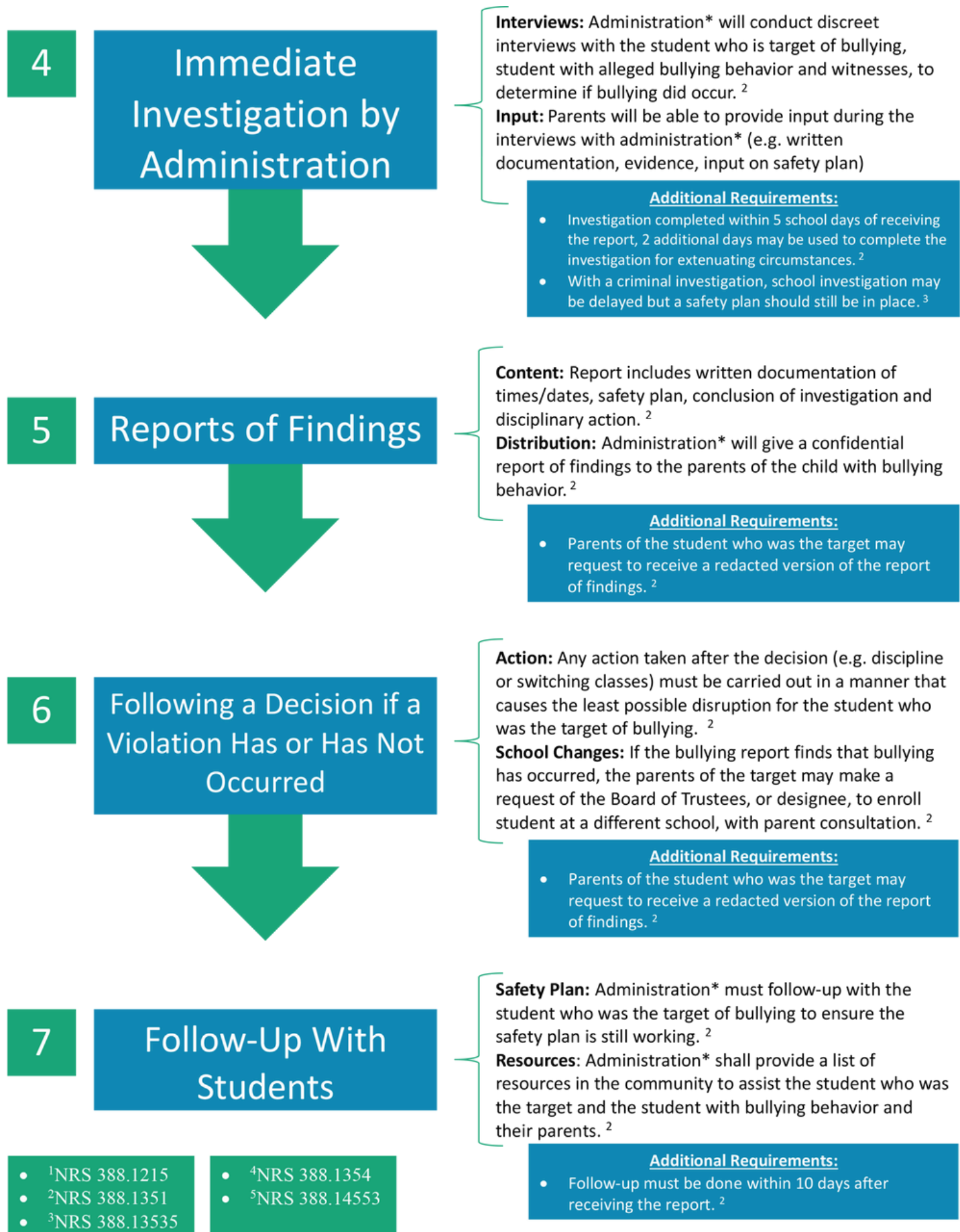
The #SafeAllies program is a collaboration of Nevada PEP and Youth M.O.V.E. Nevada developed to assist youth and families to learn the steps to resolve and heal from bullying incidents.

- Contact Nevada PEP for more information
1-800-216-5188 or nvpep.org/safe-allies

* Administration is the principal, other person in charge of school or their designee (i.e. the dean of students). ¹

** Anti-bullying laws do not apply to Pre-K students nor one adult to another in school settings. ²





Notes:

Do any of these state laws apply to your bullying situation?
If so, which ones and how?

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Resources



SAMHSA National Helpline

24/7 information service

800-662-4357 | [samhsa.gov](https://www.samhsa.gov)



National Suicide Prevention Lifeline

Free and confidential support for people in distress

800-273-8255 | [suicidepreventionlifeline.org](https://www.suicidepreventionlifeline.org)



Safe Voice

Anonymous bullying reporting app for Nevada students

833-216-7233 | [safevoicenv.org](https://www.safevoicenv.org)



Pacer's National Bullying Prevention Center

Bullying resources for educators, parents, and youth

800-537-2237 | www.pacer.org/bullying



#SafeAllies

Support and resources for Nevada parents and youth

800-216-5188 | nvpep.org/safe-allies



Youth MOVE Nevada podcast

A podcast on youth topics and mental health

800-216-5188 | nvpep.org/youth-move



#SAFEALLIES

WWW.NVPEP.ORG/SAFE-ALLIES

1-800-216-5188

PEPINFO@NVPEP.ORG