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January 10, 2023



Justice Department Launches New ADA Website

The Justice Department is excited to announce they are launching a new and improved version of ADA.gov. The goal for this [revamped website](#) is to better empower people to comply with the Americans with Disabilities Act (ADA) as well as understand their rights and others' rights, by creating and maintaining a website that is modern and user friendly.

PEP TALKS Podcast

Nevada PEP presents a series of podcasts on topics of interest for families. [Milestones with Speed Bumps](#) discusses concerns that parents might have about their child meeting those developmental milestones. This

podcast provides tips for parents, what to do and who to turn to for help. For more amazing PEP TALKS Podcasts click [here](#).

What is IDEA?

[Individual Disability Education Act \(IDEA\)](#) is the nation's special education law for children with disabilities. It covers children from birth through high school graduation or age 21 (whichever comes first). IDEA gives states federal funds to help make special education services available for students with disabilities. It also provides very specific requirements to ensure a Free Appropriate Public Education (FAPE) for students with disabilities. A part of IDEA is Related Services [Section 300.34](#), Related services is the term for services a child with a disability needs to benefit from special education. Read more about related services in [English](#) and [Spanish](#).

Is My Child's Anger Normal?

Anger is an emotion that every child experiences. It's a normal and useful emotion. It can tell children when things are not fair or right. Children learn to assert themselves through experiencing anger and by learning to regulate this emotion. If tantrums are happening daily or they are dangerous and causing a problem at home or school this may be a sign of a problem. Learn more in [English](#) and [Spanish](#).



CCCMHC

Clark County Children's Mental Health Consortium

CCCMHC Youth Video Contest

The Clark County Children's Mental Health Consortium (CCCMHC) is hosting a youth video contest to promote Children's Mental Health Acceptance Week: May 7-13, 2023. Open to all youth in Clark County, NV ages 14 and under. [Click here](#) for more information.



Building Family Resilience

Resilient families are better able to face life's stresses and adjust in healthy ways to the challenges. Building a resilient family is a process that requires the input of all family members. Checkout this [Infographic](#) with steps parents can practice at home.

UPCOMING WEBINARS LIVE ONLINE



Great opportunities to increase your advocacy skills and improve education opportunities for your child. Register for these informative FREE trainings.

- Presented by Nevada PEP

Ayude A Su Hijo a Concentrarse En El Aprendizaje

Martes, Enero 10
4:00 - 5:00 PM

¿Tiene su hijo problemas para concentrarse en la escuela? ¿Le parece que la tarea y otras actividades pueden ser un reto para su hijo para completar? Aprenda acerca de las dificultades que tienen los niños con el enfoque, sus diferentes estilos de aprendizaje y las estrategias que pueden ayudarlo a ayudar a su hijo enfocarse mejor.

[REGISTER NOW >](#)

Developing the IEP to Meet Your Child's Needs

Wednesday, January 18
3:30 - 4:30 PM

Join us as we discuss special education and the IEP meeting process, including how parents can partner and actively participate in the development of their child's individualized education program.

[REGISTER NOW >](#)

My Child is Struggling at School: What is My Next Step?

Thursday, January 19

Getting the First Job

Thursday, January 12

2:00 - 3:00 PM

Are you ready for your first job?

Parents and youth can join us as we discuss tips for the job search such as how to find job openings, writing a resume, preparing for an interview, and requesting job accommodations.

REGISTER NOW >

How is My Child Reading?

Friday, January 13

3:30 - 4:30 PM

Do you worry about your child's reading? You will learn how children learn to read and how to partner with the school on reading improvement. Do not miss these strategies that help children become good readers!

REGISTER NOW >

3:00 - 4:00 PM

In this workshop we will discuss what to do if your child is struggling at school or if you suspect they may need special education. You will learn what schools can do to help and about the special education evaluation process.

REGISTER NOW >

Take Steps to Stop Bullying

Tuesday, January 24

5:00 - 6:00 PM

If you are concerned about bullying, this workshop is for you! Join us as we discuss what bullying is, what to do if your child is being bullied, and what to expect after a report of bullying is made.

REGISTER NOW >

Looking for more convenient times? Did you know our Free On Demand webinars are always available 24/7 in English and Spanish [click here](#).

WHAT'S NEW IN SCHOOL?



Parents Have Options

Parents have different options if they disagree with their child's special education program. The [Nevada Department of Education](#) page titled IDEA [Dispute Resolution](#) has options for resolving those differences. Parents can request an [IEP Facilitation](#), which is a process where a non-bias facilitator helps with communication at the IEP meeting to develop a meaningful IEP. Another option is [Mediation](#). This is a meeting between parents and the school

district. A person who does not work for the school district helps both sides to find agreement. Parents also have the option to file a [State Complaint](#), which is an option provided by IDEA and used when parents believe the school has violated special education law or regulation(s). Another option is a [Due Process](#) hearing, this is a formal hearing where each side presents its position, and a hearing officer makes the final decision. In addition to IDEA related resolution options, the Nevada Department of Education offers a [Constituent Concern Inspection](#) process that can be initiated by a person, including an organization, or governmental agency when there is a belief that there is noncompliance with the laws and regulations governing the education of pupils with disabilities by providers of special education. PEP staff are available to provide families with more information about any of the above options. Be sure to check out our [Training Calendar](#) to register for the many trainings that we present on Special Education topics.

Tips for Parent Teacher Conference

Having Parent Teacher conferences can help parents understand what their child is learning at school, their academic and social-emotional progress, and what you can do to support them. If your child is having difficulties, parent-teacher conferences can give you and the teacher time to plan ways to help your child. Here are some [tips and strategies](#) that parents can use to have a successful meeting.

Out from the Shadows

Schools across the country remove students with disabilities from the classroom using practices known as “informal removals”. These off the books dismissals are described in detail in this new report released by the National Disability Rights Network (NDRN). Read [Out from the Shadows Informal Removal of Children with Disabilities from Public Schools](#). Read the [recommendations](#) from NDRN.

Suicide Proofing Your Home

The Pandemic has put a lot of stress and anxiety on families. Children are struggling with mental health needs such as depression. According to the Nevada Coalition for Suicide Prevention suicide is the first leading cause of death for Nevadans ages 12-19 and second leading cause of death for ages 20-44. In these stressful times, parents might want to think about

Suicide Proofing their home. This brochure is in [English](#) and [Spanish](#) which offers tips and ideas for keeping your family safe.



Signs of Being Bullied or Being the Bully

There are many warning signs that may indicate to a parent that their child is either being bullied or bullying others. Recognizing the warning signs is an important first step in acting against bullying. It is important to [talk with children](#) who show signs of being bullied or [bullying others](#). These warning signs can also point to other issues or problems, such as depression or substance abuse. Talking to the child can help identify the root of the problem. Here are some [warning signs](#) that may point to a bullying problem. Check out our [#SafeAllies On Demand Trainings](#).

Teaching Good Manners

As parents, we spend a lot of time teaching our children. From reading to cooking. One very important skill to teach our children is manners, how to be polite, respectful and when to use courtesy words like please and thank you. Having good manners can help your child throughout their lives. This [article](#) has some good tips for parents.



Improve Your Child's Reading Skills

Here are some ways families can help their children increase their vocabulary and participate in language activities. The National Center on Improving Literacy has created some tips that families can include in their daily routines. Take a look at [Supporting Your Child's Literacy Development at Home](#), to find ways to help young and older children improve their reading skills.

Jet's Bot Builder: Robot Games



Explore the solar system with “Ready, Jet, Go!” and play learning games that teach science, engineering and problem-solving skills. Kids can build their own robot with Jet and his friends! Explore the solar system with “Ready, Jet, Go!” and enjoy learning games that teach science, engineering and problem-solving skills. Design and build a robot and travel through space with Jet and friends. Build new parts to help you get through obstacles as you go from Earth to the moon to Mars and beyond. Jet’s Bot Builder adapts to your young learner’s progress. Children will learn STEM concepts at their own pace while they have fun building and designing robots.

*Parent's Choice Silver Award Winner!



App by: [PBS KIDS](#)

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Nevada PEP is a statewide nonprofit organization serving families of children and youth with disabilities and behavioral health needs by empowering them to be life-long advocates for their children.

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nvpep.org/careers



Transition Planning Tips

Beginning at age 14, a youth's Individualized Education Program will include a plan for preparing for life after high school. These resources can help students and parents participate in transition planning. Here are [Ten Tips](#) that may help you and your child while developing the transition plan. For more information on Transition go to [Transition Services](#).

Youth MOVE Nevada News

Another year has begun, and Youth MOVE Nevada is thinking about futures! It's never too late for a student with an IEP to take a more active role in their IEP Team. YMNV has developed a [Student Led IEP training](#) that is available On Demand whenever youth are ready. Youth, ages 14-24, can also join us on Tuesday evenings for our weekly meetings by [registering here](#). And don't forget to follow us on [Facebook](#), [Twitter](#), and [Instagram](#).





Disability Employment Rights

As youth with disabilities prepare for employment, it is important to understand their [employment rights](#). Parents can learn these rights and help their youth understand them as well. Forbes recently published an article, "[Job Seekers With Disabilities Need To Know Their Legal Rights From The Get-Go](#)" with good information on why it is important to understand your rights and what these rights are.

Statewide Family News

The [Statewide Family Network](#) (SFN) is excited to start off the new year by attending the Nevada Summit on Improving Community Response to Individuals with Mental Health Challenges where we will be elevating the family voice. We're also looking forward to participating in meetings that focus on improving systems that support children and youth with mental health care needs and families. Family voice is necessary to inform systems of what families need and what works best for families. Your voice is important! For more information, and to get involved, please reach out to us using the [Get Help](#) form on our Statewide Family Network page.

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Watch a step by step ["How to" video here](#)

