I Care We Care 2022
Each October, Nevada PEP recognizes National Bullying Prevention Month. During our 3rd annual “I Care We Care” campaign we are collecting messages of kindness to launch our I Care We Care Kindness Rocket! Head over to the Launch Pad to use our Templates to submit your own Care Messages and get entered into our Weekly Prize Drawings!
Spread the word, together we are taking kindness to new heights!
Unity Day - October 19th
Wear orange on Wednesday, October 19th and tag us in your photos online to promote acceptance and encourage inclusion. Then, join Nevada PEP and Youth MOVE Nevada on Facebook and Instagram for a live chat about bullying prevention. The chat will begin at 3:30pm.

Findlay Automotive Group is taking Kindness to New Heights
A big Thank You to Tyler Corder, CFO of Findlay Automotive Group, for supporting Nevada PEP in the I Care We Care- Taking Kindness to New Heights campaign. We truly appreciate their continued support.

Historic and Unprecedented Investments in Children's Mental Health
On October 4, 2022, the U.S. Department of Justice completed their investigation and issued a report with findings that Nevada’s children with behavioral health disabilities are being unnecessarily institutionalized in violation of Title II of the Americans with Disabilities Act (ADA).

On the same day, Governor Sisolak’s press release acknowledged the findings, “For far too long, Nevada has not invested in the appropriate health resources for our children and our families – this new report shines a bright light on that fact. That’s why, over the last year, the State of Nevada has used newly available federal resources to make historic and unprecedented investments to shore up these systems and provide immediate resources and relief to our
families and children who need community based behavioral health services.”

Karen Taycher, Executive Director, Nevada PEP calls on parents and youth to share their voice and experience to guide improvements, “Children with mental health care needs and their families have struggled for many years to access the community-based services that reduce the need for hospitalization or residential care. This report will drive the necessary systemic improvements, and we commend the recent steps that the State and Governor Sisolak have taken to invest in community-based services such as family peer support, care coordination, respite care, and mobile crisis. Yet we know that there is more work to be done, Nevada families and youth who have experienced the system look forward to informing and engaging in Children’s Mental Health transformation.”

To get involved in system transformation activities contact Kendra Gipson (kgipson@nvpep.org) from our Statewide Family Network program at Nevada PEP.

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**Tips for Challenging Behaviors**

The most effective strategies for addressing challenging behavior are primarily focused on prevention of challenging behavior and promotion of appropriate social behaviors. These strategies include environmental changes, providing positive attention and feedback to children, and teaching social skills and emotional competencies. Here are [Tips for Responding to Challenging Behavior in Young Children](#).

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**Promoting Positive Childhood Experiences in LGBTQ+ Families**

All children thrive when they have access to the Four Building Blocks of HOPE, but families with LGBTQ+ parents, caregivers, children, and/or youth can face barriers to the building blocks because of bias. The good news is that families and communities can support and celebrate their LGBTQ+ identities by creating Positive Childhood Experiences for each building block. Read about each [building block](#) and how they connect to LGBTQ+ children, youth, and families.
Great opportunities to increase your advocacy skills and improve education opportunities for your child. Register for these informative FREE trainings.

- Presented by Nevada PEP

### Upcoming Webinars

**How Is My Child Reading?**
Wed, October 12, 4pm – 5pm

REGISTER NOW

**Restorative Practices in School: What Parents Need to Know**
Tue, October 18, 4pm – 5pm

REGISTER NOW

**Bullies, Targets, and Bystanders: Responses That Work**
Wed, October 19, 3:30pm – 4:30pm

REGISTER NOW

**Help Your Child Focus on Learning**
Tue, October 25, 4pm – 5pm

REGISTER NOW

Looking for more convenient times? Did you know our Free On Demand webinars are always available 24/7 in English and Spanish [click here](#).

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### What’s New in School?

**Schools - Supporting Mental Health**

Join the U.S. Department of Education for a webinar series on promoting promising practices, resources and understanding existing barriers to mental health services for students. This webinar series will tackle pressing issues facing the field and will highlight ways to support student mental health, increase access to services, and support the whole child. Here is a [link](#) to the first webinar series. Register below for the upcoming series.
Tuesday, October 11 at 4:00pm:  
The Importance of Trauma Informed Pedagogy and Student Identity in Mental Health  
Register here: https://ed-gov.zoomgov.com/webinar/register/WN_u2Bu961dSDKLwt5HtdDgbA

Tuesday, October 25 at 4:00pm:  
Reducing Stigma and Improving Access to Mental Health Services  
Register here: https://ed-gov.zoomgov.com/webinar/register/WN_A6VzFzoFQBuX1Ttwn941BA

Family Engagement Summit

This one-day, virtual event is dedicated to the development of family engagement skills. Families, educators, and community members will come together to learn how to create, develop, and strengthen family-school partnerships. Registration in English or Spanish.

Affordable Internet

In today's world, connectivity is not a luxury - it's a necessity. Reliable, high-speed internet is now available to every student & family. See if you qualify for the Affordable Connectivity Program (ACP), which provides eligible households $30 per month off their internet bills. ACP-eligible households can also receive a one-time discount of up to $100 to purchase a laptop, desktop computer, or tablet from participating providers. For more information go to How to sign up for the Affordable Connectivity Program.

Suicide Proofing Your Home

The Pandemic has put a lot of stress and anxiety on families. Children are struggling with mental health needs such as depression. According to the Nevada Coalition for Suicide Prevention suicide is the first leading cause of death for Nevadans ages 12-19 and second leading cause of death for ages 20-44. In these stressful times, parents might want to think about Suicide Proofing their home. This brochure is in English and Spanish which offers tips and ideas for keeping your family safe.

#SAFEALLIES

How to Talk to an Adult about Bullying -
Tips for Youth

If you’ve been bullied, witnessed bullying, or bullied someone, you could use some support to deal with it. The first step is talking to a trusted adult about what you went through. This could be a parent, another family member, a friend's parent, a teacher, coach, or school counselor. Here are some tips about what to say to help you get started.

New Grants to Increase Competitive Integrated Employment for People with Disabilities

The U.S. Department of Education’s Rehabilitation Services Administration (RSA) announced new five-year grant awards for the Subminimum Wage to Competitive Integrated Employment (SWTCIE) demonstration project to 14 state vocational rehabilitation agencies. RSA provides additional information about the awardees. Read more in the press release.

The Benefits of Inclusion in Early Childhood

When families are learning about inclusive environments, they may have questions and feel unsure about choosing the best type of classroom for their child. This infographic in English and Spanish shares the benefits of inclusion for all children, families and communities.

NASA App

The NASA app showcases a huge collection of the latest NASA content, including over 19,000 images, videos on-demand, NASA Television, Solar System Exploration feature, podcasts, news & feature stories, ISS sighting opportunities and tracking, mission information, Third Rock Radio and much more.

- Happy Apping!

App by: NASA

Are You Passionate About Helping Families?
Apply Here for employment opportunities in Northern, Southern, and Rural Nevada.

It's Good for Children to Play Outside

No matter what the weather brings, playing outside is good for children. There is scientific evidence that playing outside improves health, and children of all ages love it. Furthermore, we know that the more time a child spends in nature, the more likely they will grow up to be good stewards of our planet—an environmental win! See why it's important for kids to play outside.

Youth MOVE News

Each year, October is observed as National Bullying Prevention Month! Youth MOVE Nevada has a lot planned for the month to spread awareness about bullying prevention and promote kindness! And just a reminder that #SafeAllies has lots of great information about how to be an upstander instead of a bystander and more! We'll wrap up the month with Nevada Day and Halloween! Hope all of you stay safe and enjoy all the festivities! For more information about YMNV or to get involved, check
Tips for Parents

As parents we know that when our children begin to transition into adulthood it becomes an exciting, and overwhelming time for everyone. With this transition, parents and students may be thinking about housing, adult services, and transportation. This handout Tips When Considering Housing and Services can help parents with options on how to support their young adult with decisions about housing and adult services. It’s important to remember to have your youth be a part of the decision-making process. Planning early will usually lead to better outcomes for everyone involved.

Statewide Family News

The Statewide Family Network supports families all year long that may be concerned about their child being a target of bullying. During National Bullying Prevention Awareness Month in October, we focus on messages of kindness and spread awareness about how bullying can impact children and youth. We take it up a notch by wearing orange and posting pictures on Unity Day, October 19th. Families may be concerned about the effects of bullying on their youth's mental health or concerned that their child is the one with bullying behavior. Whichever is the case, we are here to support families with helpful information and resources.

AmazonSmile Program

When you use your existing Amazon.com account to shop through AmazonSmile, 0.5% of your eligible purchases will be donated to Nevada PEP. AmazonSmile is the same Amazon you know. Same products, same prices, same service. Learn more or get started today!
Go to: AmazonSmile for Nevada PEP

out our website and don’t forget to follow us on Facebook, Twitter, and Instagram.
Smith's Inspiring Donations
Helping Nevada PEP is easy! Simply enroll your rewards card by going to Smith's Inspiring Donations. Once you're successfully enrolled, choose Nevada PEP as your organization of choice. A portion of your purchase will be donated from Smith's. (Does not affect your normal Smith's card rewards!)
Watch a step by step "How to" video here

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