Recommendations to Improve Young Children’s Social-Emotional Development, Mental Health

The Departments of Education and Health and Human Services issued a Dear Colleague Letter with four recommendations to equitably support the social-emotional development and mental health of young children. The departments intend for the recommendations and action steps to help early childhood systems work collaboratively to ensure that young children and their caregivers have access to high-quality resources.

2022 Nevada Olmstead Survey
The Olmstead decision requires states to eliminate unnecessary segregation of persons with disabilities and to ensure that persons with disabilities receive services in the most integrated setting appropriate to their needs. Watch this [video](#) to learn more. The survey is designed to help gather information regarding services for children and adults with disabilities and older adults in Nevada. This survey is for anyone with a connection to those communities. The information gathered through the survey may be used to help improve services in Nevada, including the development of an updated Olmstead Plan. Click here to begin the [survey](#).

**The Lifeline and 988**

988 has been designated as the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline. While some areas may be currently able to connect to the Lifeline by dialing 988, this dialing code will be available to everyone across the United States starting on July 16, 2022. Click [here](#) for more information.

**Having A Positive Mindset**

It’s important to remain positive during unsettling times, try to focus on the good in every day. It’s easy to fall into feeling lost and hopeless, but when you stop for a moment and look for the small joys in your day and your life, your attitude changes and gratitude arrives. Here are some great [ideas](#) to stay positive and enjoy every day. Go to [Families SHARE](#) for more information on being hopeful and staying positive.

**Upcoming Webinars**

Great opportunities to increase your advocacy skills and improve education opportunities for your child. Register for these informative FREE trainings.

- Presented by Nevada PEP
Six Advocacy Tips That Turn No's Into Yes's!
Tue, July 12, 2pm – 3pm
REGISTER NOW

Positive Behavioral Approaches for Parents
Wed, July 13, 1pm-2pm
REGISTER NOW

Considering College: Learn What is Available and How to Get It
Tue, July 19, 3:30pm-4:30pm
REGISTER NOW

Ayude a su Hijo a Consentirse en el Aprendizaje
Thu, July 21, 3pm-4pm
REGISTER NOW

Looking for more convenient times? Did you know our Free On Demand webinars are always available 24/7 in English and Spanish click here.

WHAT’S NEW IN SCHOOL?

MenACWY Vaccine Required for All Nevada Seniors
Nevada students entering the 12th grade in 2022 will be required to have an additional vaccine in their record before school begins. Effective July 1, 2022, students enrolled in the 12th grade throughout Nevada will be required to receive the meningococcal vaccine (MenACWY) prior to the start of the 2022-23 school year. The MenACWY vaccine is an immunization against meningitis. Click here for more information.

Child Care Subsidy Program
The Child Care and Development Fund Child Care Program assists low-income families, families receiving temporary public assistance, and those transitioning from public assistance in obtaining childcare so they can work. For more information about the Child Care Subsidy Program, click here.

Accessible Materials and Technology
The National Center on Accessible Educational Materials for Learning (AEM Center) has launched a new four-part video series, Accessible Learning Across
the Lifespan. These multi-purpose videos apply to K-12, higher education, and workforce training. And you’ll begin to understand the relationship between accessibility and Universal Design for Learning. Start broadening the conversation about accessible materials and technologies by watching the trailer on the AEM Center’s homepage.

Suicide Proofing Your Home

The Pandemic has put a lot of stress and anxiety on families. Children are struggling with mental health needs such as depression. According to the Nevada Coalition for Suicide Prevention suicide is the first leading cause of death for Nevadans ages 12-19 and second leading cause of death for ages 20-44. In these stressful times, parents might want to think about Suicide Proofing their home. This brochure is in English and Spanish which offers tips and ideas for keeping your family safe.

Is My Child a Bully?

Most parents are very surprised to learn their child is bullying others. Bullies can be socially savvy and seem like well-functioning individuals. They are often popular and outgoing. The very fact of their popularity or ability at something like athletics, can lead them to feel superior to those around them. Bullying stems from a desire to attain and maintain control over others. If you find that your child is the bully, it may be signs of distress. Your child may be going through anxiety or depression, and it may be difficult for your child to regulate their emotions and behavior. There is help out there, find out what’s behind the behavior and how to build healthy friendships in English and Spanish. For more information on Bullying visit our #SafeAllies page.

OSEP Releases Fast Facts on Educational Environments of School Aged Children with Disabilities

The Office of Special Education Programs released an "OSEP Fast Facts" highlighting educational environments of children with disabilities receiving services under IDEA Part B. Check out OSEP Fast Facts.
Best Practice for Teaching Beginning Readers

This reference identifies research-based instructional practices for supporting beginning readers. Research shows that beginning readers need to master many skills in multiple areas to be proficient in reading. Three important reading domains are alphabets, reading fluency, and reading comprehension. Learn more about these three areas.

Reducing Challenging Behaviors during Transitions

Sometimes young children may have a difficult time transitioning between different activities or different locations. Many times, being asked to stop one activity and start another can cause challenging behavior, especially if what they are doing is a preferred activity. Here are some strategies that can help.

ZooQ: Animal Explorer

Experience stunning 3D habitats and learn about your favorite animals through creative activities, fun facts, and interactive puzzles! Animal Explorer lets you peek into the lives of these impressive animals to see how they behave naturally in the stunning 3D environments they call home.

ZooQ App by: EGOWALL

Are You Passionate About Helping Families?

Apply Here for employment opportunities in Northern, Southern, and Rural Nevada.
Youth MOVE Nevada News

July is BIPOC (Black, Indigenous, and People of Color) Mental Health Awareness Month. Our Youth MOVE Nevada team has a lot planned for this month to discuss this topic and educate youth on the barriers to quality mental health care that BIPOC individuals face. We also want to mention the latest episode of our podcast, where we had a special guest on to discuss Pride Month and the unique challenges for LGBTQIA+ youth. For more information about YMNV or to become a member to get involved in future meetings and activities, be sure to check out our website and follow us on Facebook, Twitter, and Instagram.

How Noise Affects Children

Many parents know that very loud noise can hurt kids' hearing. With more kids and teens using personal listening devices like headphones and earbuds for music, videos, and classes, it's especially important to be aware of a sound that's too loud. It's also important to know that too-noisy environments can have harmful effects that go beyond hearing. Read on to learn more.
Building Self-Advocacy and Self-Care Management Skills

Transition is a time when many young adults become increasingly aware of their disability. Youth, including those with disabilities, also begin seeing themselves as adults. They want to participate in conversations with their physician and should be part of the decision-making process. This resource highlights what families can do at home to build self-care, self-management, and self-advocacy skills.

Statewide Family News

The Statewide Family Network continues to use family voice throughout Nevada so that the parent perspective is represented on various committees, commissions, and advisory groups even during the summer months. We work diligently as parent leaders all year long to make sure Nevada's child, youth, and family-serving systems include input from our own lived-experience and the experiences of the families we support. Feel free to contact us to learn more about parent leadership and how to participate in activities to improve the systems that serve families!

AmazonSmile Program

When you use your existing Amazon.com account to shop through AmazonSmile, 0.5% of your eligible purchases will be donated to Nevada PEP. AmazonSmile is the same Amazon you know. Same products, same prices, same service. Learn more or get started today!

Go to: AmazonSmile for Nevada PEP

Smith's Inspiring Donations

Helping Nevada PEP is easy!
Simply enroll your rewards card by going to Smith's Inspiring Donations. Once you're successfully enrolled, choose
Nevada PEP as your organization of choice. A portion of your purchase will be donated from Smith's. (Does not affect your normal Smith's card rewards!)
Watch a step by step "How to" video here.