

Subscribe

Past Issues

Translate ▾

RSS 📡

[View this email in your browser](#)



March 10, 2022

## Start Your Day On a Positive Note!

All parents want their children to be kind and caring. We want our kids to stand up for what's right and show compassion for others. But not every child knows how to be kind to one another or even values kindness. It's important that we teach children the importance of being kind. As parents, we are our children's most powerful role model. The best thing we can do for children when teaching kindness is to model it each day. Here are [Thirteen ways to raise a caring and compassionate child](#) that parents can use to model kindness.

---

## Public Input Survey

The Maternal Child Health Program request your feedback as part of the annual needs assessment. Responses will help to improve the health of Nevada families, including children and youth with special healthcare needs. The survey will close on April 1st. [English](#) | [Spanish](#)

---

## Talking to Children About War

This fact sheet offers information for families on how to talk to children about war. It includes the potential impact and considerations when [talking to children about war](#), how to start the conversation, understanding media coverage, and how to foster resilience. Families can help navigate what they are seeing and hearing by having a conversation with their children, acknowledging their feelings, and finding ways to cope together.

---

# UPCOMING WEBINARS **LIVE** **ONLINE**



Great opportunities to increase your advocacy skills and improve education opportunities for your child. Register for these informative FREE trainings.

- Presented by Nevada PEP

## Considering College?

**Learn What's Available and How to Get It**

Thurs, March 10, 3:30pm – 4:30pm

REGISTER NOW >

## Introducción al Curso del IEP

Martes, 15 de Marzo, 3pm – 4pm

REGISTER NOW >

## How Is My Child Reading?

Fri, March 18, 10am – 11am

REGISTER NOW >

## Six Advocacy Tips that Turn No's Into Yes's!

Tues, March 22, 3pm – 4pm

REGISTER NOW >

Looking for more convenient times? Did you know our Free On Demand webinars are always available 24/7 in English and Spanish [click here](#).

## WHAT'S NEW IN SCHOOL?



## Compensatory Services Under Section 504

The U.S. Department of Education's Office for Civil Rights (OCR) issues this [fact sheet](#) to remind elementary and secondary public schools of their obligations under Section 504 of the Rehabilitation Act of 1973 to provide appropriate evaluations and services to students with disabilities during the

COVID-19 pandemic, including schools' responsibility to provide compensatory to students. This is a good tool for parents to use when asking for compensatory services for their child. For more information the [Return to School Roadmap](#) guide also discusses compensatory services.

---

## Teaching Failure as a Part of Life

Only through trial and error can children become resilient adults. Teaching kids to fail and bounce back makes them stronger and more ready to face life's challenges. When kids fear failing, they're at risk for anxiety and meltdowns when things go wrong. This resource has tips for parents on [how to help kids learn to fail](#), also available in [Spanish](#).

---

## Young Children with Challenging Behavior

Children engage in challenging behavior for many different reasons, but all children use challenging behavior to communicate messages. Once parents understand the purpose or meaning of the behavior, they can begin to select strategies to change the behavior. This [Family Routine Guide](#), includes strategies for common routines and activities. This guide can help parents in developing a plan to support young children with challenging behaviors.



## Bullying- What to do?

This [fact sheet](#) for Parents from the Department of Education helps parents to understand what public schools are required to do if your child is getting bullied. Reporting the bullying to [#SafeVoice](#) is the first step. #SafeVoice allows students, parents, school, and community members to anonymously report concerning and potentially threatening situations and behaviors. Report can be submitted on the mobile app, at [www.safevoicenv.org](http://www.safevoicenv.org), or by calling the hotline at 833.216.7233 (SAFE). Go to [#SafeAllies](#) for more information. See [Nevada Bullying Reporting and Investigation Process \(Spanish\)](#).



## Building Positive Friendships

As parents we want our children to make friends and establish positive ongoing relationships. Friendships are critical to helping all children improve their

communication, sharing, empathy and creativity skills. This [resource](#) has good tips for parents and teachers to use in the classroom and at home or at the park. Watch [Sesame Street- Elmo and Rosita on making friends](#).

---

## Sight Words Reading Games App

Sight Words Learning Games & Reading Flash Cards is a proven EDUCATIONAL READING APP by 22learn. The reading app is designed to help children learn and practice reading the most common sight words. (6 engaging EDUCATIONAL GAMES in one of the best Reading apps.)



-Happy Apping

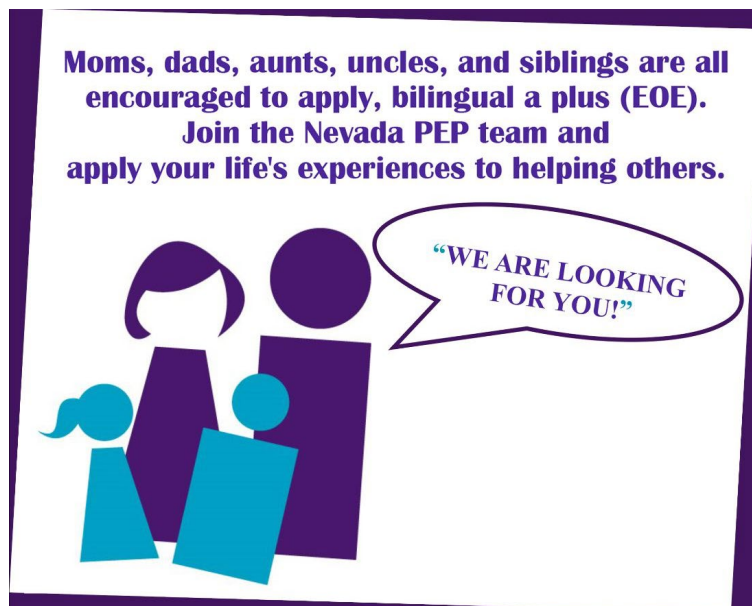


Sight Words Reading Games App By: 22LEARN, LLC

---

## Are You Passionate About Helping Families?

[Apply Here](#) for employment opportunities in Northern, Southern, and Rural Nevada.



---

## Early Childhood Equity and Inclusion

Calling all early childhood parents, providers, and administrators: your voice is needed! Help us shape a federal policy agenda focused on improving equity and inclusion for young children with disabilities and development delays across the birth-to-five early childhood system by sharing your experiences, perspectives, and ideas. Please complete our survey by March 18 and help us

amplify our reach by sharing with your networks: [Begin Survey](#)

---

## Suicide Proofing Your Home

The Pandemic has put a lot of stress and anxiety on families. Children are struggling with mental health needs such as depression. According to the Nevada Coalition for Suicide Prevention suicide is the first leading cause of death for Nevadans ages 12-19 and second leading cause of death for ages 20-44. In these stressful times, parents might want to think about Suicide Proofing their home. This brochure is in [English](#) and [Spanish](#) which offers tips and ideas for keeping your family safe.

---

## Youth MOVE Nevada

March is Developmental Disability Awareness Month and Youth MOVE Nevada recorded a brand-new [podcast episode](#) speaking with experts from Nevada Legal Services on the Disability Rights Movement. We also continue to attend meetings statewide to bring youth voice and perspective to inform mental health system improvement. For more information about YMNV or to get involved in future weekly meetings and activities, be sure to check out our [website](#) and don't forget to follow us on [Facebook](#), [Twitter](#), and [Instagram](#).

---



## Tips for Transition Planning

Transition planning is a process to help students with an Individualized Education Program (IEP) decide what they want to do after high school. It also helps them figure out how to get there. The purpose is to help teens prepare to be independent young adults. The transition plan can begin at the age of 14 and it is based on the student's needs, strengths, preferences, and interests. Students are encouraged to attend the IEP to help develop their transition plan. Check out, "[Parent Tips for Transition Planning](#)", has a Question-and-Answer section for parents. Learn the [Five Key Components of Effective Transition Planning](#). Register for [Transition Planning: Navigating Your Future](#) on-demand training, filled with strategies parents can use for effective transition planning.

---

## Statewide Family News

Early this month, both U.S. Department of Health & Human Services Secretary [Xavier Becerra](#) and U.S. Department of Education Secretary [Miguel Cardona](#) made statements in support of LGBTQI+ youth. These statements are related

to recent legislation in Texas and Florida respectively. The Statewide Family Network continues to hold weekly support group meetings and encourage families to call us at 1.800.216.5188 to register!

---

## PEP Support Groups

Join Nevada PEP's support groups, meet other parents, learn about different resources, and make new friends. To register for a support group in English or in Spanish, call and speak to any of our Nevada PEP staff. Parents are a great support to one another; we hope to see you there.

---



You shop. Amazon gives.



### AmazonSmile Program

When you use your existing Amazon.com account to shop through AmazonSmile, 0.5% of your eligible purchases will be donated to Nevada PEP. AmazonSmile is the same Amazon you know. Same products, same prices, same service.

Learn more or get started today!

Go to: [AmazonSmile for Nevada PEP](#)

### Smith's Inspiring Donations

Helping Nevada PEP is easy!

Simply enroll your rewards card by going to [Smith's Inspiring Donations](#). Once you're successfully enrolled, choose Nevada PEP as your organization of choice. A portion of your purchase will be donated from Smith's. (Does not affect your normal Smith's card rewards!)

Watch a step by step ["How to" video here](#)



---

Copyright © 2022 Nevada PEP, Inc., All rights reserved.

p: 702-388-8899

f: 702-388-2966

**Satellite Office:**

4600 Kietzke Lane, Suite I-202

Reno, NV 89502

p: 775-448-9950

f: 775-448-9603

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).

Nevada PEP provides links and references to information and applications for your own use and is not able to offer any warranty regarding their use or application. Visitors that download information from this site do so at their own risk.