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February 10, 2022

Teaching our Children to be Kind

All parents want their children to be kind and caring. We want our kids to stand up for what's right and show compassion for others. But not every child knows how to be kind to one another or even values kindness. It's important that we teach children the importance of being kind. As parents, we are our children's most powerful role model. The best thing we can do for children when teaching kindness is to model it each day. Here are [Thirteen ways to raise a caring and compassionate child](#) that parents can use to model kindness.



Black History Month

Nevada PEP is proud to celebrate Black History Month, honoring the contribution and achievements of [Black Americans](#) in history. See the [Proclamation](#) by Governor Sisolak. Here are some interesting [facts](#) you may not know. The following is a snapshot of various efforts made by the U.S. Department of Health and Human Services: [Fact Sheet: Celebrating Black History Month](#). We continue to work together for an equitable world that provides access and respects the value of all people equally.

COVID Resources for Families

Check out this [infographic](#) filled with resources for families on the COVID-19 vaccine for Children and Youth with Special Healthcare needs from the Nevada Department of Public and Behavioral Health.

UPCOMING WEBINARS **LIVE** **ONLINE**



Great opportunities to increase your advocacy skills and improve education opportunities for your child. Register for these informative FREE trainings.

- Presented by Nevada PEP

Making the Most Out of Your Child's Early Intervention Services

Thurs, February 10, 1:00pm–2:00pm

REGISTER NOW >

Understanding 504 and Civil Rights

Tues, February 15, 4:00pm–5:00pm

REGISTER NOW >

Getting the First Job

Wed, February 16, 4:00pm–5:00pm

REGISTER NOW >

Bullies, Targets, and Bystanders: Responses That Work

Tues, February 22, 3:30pm–4:30pm

REGISTER NOW >

Positive Behavioral Approaches for Parents

Thurs, February 24, 3:30pm–4:30pm

REGISTER NOW >

¡Seis Consejos de Abogacía que Gira de un No a un Sí!

Jueves, 24 de Febrero,
3:30pm–4:30pm

REGISTER NOW >

Looking for more convenient times? Did you know our Free On Demand webinars are always available 24/7 in English and Spanish [click here](#).

Why is Fluency Important?

Fluency is the ability to read a text accurately, quickly, and with expression.

Reading fluency is important because it provides a bridge between word recognition and comprehension. Reading [Building Fluency at Home](#) can help parents with great tips on family paired reading. Research has shown children show gains in reading skills when practicing family paired reading. Read more information about [fluency](#).



Return to School Roadmap on Special Education

The U.S. Department of Education released its series of Return to School Roadmaps in the summer and fall of 2021. Spanish versions of each roadmap in the series in now available. This Q&A document highlights Child Find, Referral, and Eligibility under Part C of the Individuals with Disabilities Education Act (IDEA) [English](#) or [Spanish](#). This Q&A document addresses the provision of Early Intervention Services [English](#) or [Spanish](#). This Q&A document on Child Find Under Part B of IDEA reaffirms the importance of appropriate implementation of IDEA's child find obligations [English](#) or [Spanish](#). This Q&A document highlights IDEA requirements related to the development and implementation of individualized education programs (IEPs) [English](#) or [Spanish](#).

Vision for Education in America

In a major address at the Department of Education, U.S. Secretary of Education Miguel Cardona laid out his vision for continued recovery through the pandemic and his priorities for broader investments in America's education system to ensure all students can succeed and thrive. Read Secretary Cardona [key actions in four priority areas](#) that will guide the Department's work over the coming months and years.

What is Speech and Language Impairment?

Speech or language impairment means a communication disorder, such as stuttering, impaired articulation, a language impairment, or a voice impairment, that adversely affects a child's educational performance. Here are some [tips](#) for parents. Click [here](#) for more information and [resources](#).

Celebrating Career and Technical Education Month

The Nevada Department of Education recognizes February as Career and

Technical Education (CTE) Month. [Proclaimed](#) by Governor Sisolak, the month recognizes the positive impacts of CTE programs on Nevada's students and workforce. Did you know that students who participate in CTE programs experience higher graduation rates than their peers. Read the [facts and statistics](#) related to CTE in Nevada. Students who participate in CTE programs experience higher graduation rates than their peers.



Feeling Safe at School

All children deserve a safe environment in which to learn and grow. At school, children need a secure, positive, and comfortable environment to help them learn. Overall, schools are one of the safest places children can be. However, some schools have problems, such as [bullying](#) and theft. These problems make students and educators feel less safe, and it makes it harder for students to learn and for teachers to do their jobs. But there are ways parents can make going to school a safer and a more valuable learning experience for their children. Check out [What Parents Can Do To Keep Kids Safe At School](#) for some great ideas. Go to [#SafeAllies](#) for more resources on bullying prevention.



Helping Your Child Manage Their Frustration

Frustration is a common emotion in young children and typically occurs as a child begins to discover the many things he would like to do, but simply cannot do yet. Frustration is a natural and healthy emotion and can provide a positive learning experience for a child. This tip sheet will help parents teach their child to understand and manage frustration. [English](#) and [Spanish](#).

FastMath - Take Photo & Solve App

FastMath is a problem solver app. Take a photo of a math problem, and get solution instantly. It can also solve handwritten problems. It displays step by step solutions with explanations. FastMath displays graphical representation of the solution too. You can check your homework, compare results, improve your understanding.



-Happy Apping



FastMath App By: Dakyuz Yazilim Ticaret LT Sirketi

Are You Passionate About Helping Families?

[Apply Here](#) for employment opportunities in Northern, Southern, and Rural Nevada.



The Office of Elementary and Secondary Education

The Office of Elementary and Secondary Education (OESE) seeks to empower parents, students, state and local leaders, and educators with the resources they need to meet the unique needs of every student. This page has useful information that can help [families](#) learn how federal education money is spent, discover more about their state's academic performance, and make informed choices about their child's education.

Children Who Are Deaf - Support for Families

This guide is a [tool](#) to help families of children who are deaf or hard of hearing (DHH) connect to family-to-family supports with a focus on state-level resources. This document [Why is Communicating so Important for Children](#) shows when babies hear everyday sounds, their hearing system develops as one way to continue to learn about the world. See [A Guide for Parents](#)- Nevada Newborn Hearing Screening Program.

Suicide Proofing Your Home

The Pandemic has put a lot of stress and anxiety on families. Children are struggling with mental health needs such as depression. According to the Nevada Coalition for Suicide Prevention suicide is the first leading cause of death for Nevadans ages 12-19 and second leading cause of death for ages 20-44. In these stressful times, parents might want to think about Suicide Proofing their home. This brochure is in [English](#) and [Spanish](#) which offers tips and ideas for keeping your family safe.

Youth MOVE Nevada

Hello everyone, and happy February! Our team has been going strong in the new year by continuing to host weekly youth-led meetings, where we create a safe space for youth to express themselves and support each other. We also have a new episode of the Youth MOVE Nevada podcast in which we discuss how to address stress in a positive way. For more information about YMNV or to become a member to get involved in future weekly meetings and activities, be sure to check out our [website](#) and don't forget to follow us on [Facebook](#), [Twitter](#), and [Instagram](#).

Transition Corner

Map a Course for Your Student's Future

Students and parents will want to understand post-secondary education or training options as they plan for the future. Pacer provides the handout [Set a Postsecondary Education on Training Destination and Map a Course to Get There](#) that can help parents and students map their goals and plan for the future. This handout talks about tips on who can help the student plan, financial aid, and community resources that can assist as well. Read the handout to learn more about post-secondary and training information.

Statewide Family News

This month, we are happy to share a series of free videos and print resources for [parents](#), [educators](#), and [students](#), all available in English and Spanish. The California Healthy Minds, Thriving Kids project promotes children's emotional health and teaches essential coping skills through five topics. As a reminder, the [Statewide Family Network](#) continues to host our virtual support groups [weekly](#) and would love for parents to join us! Call us at 800.216.5188 to register!

PEP Support Groups

Join Nevada PEP's support groups, meet other parents, learn about different resources, and make new friends. To register for a support group in English or in Spanish, call and speak to any of our Nevada PEP staff. Parents are a great support to one another; we hope to see you there.



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When you use your existing Amazon.com account to shop through AmazonSmile, 0.5% of your eligible purchases will be donated to Nevada PEP. AmazonSmile is the same Amazon you know. Same products, same prices, same service.

Learn more or get started today!

Go to: [AmazonSmile for Nevada PEP](#)

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Helping Nevada PEP is easy!

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Watch a step by step ["How to" video here](#)



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