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Nevada PEP celebrates 25 years of helping Nevada families!

July 12, 2021

Celebrate with the ADA

The [Americans with Disabilities Act \(ADA\)](#) was signed into law on July 26, 1990 by President George H.W. Bush. Throughout the year and on the ADA Anniversary, the ADA National Network recognizes this landmark event and the important work to promote equal opportunity for people with disabilities. To contact your region [click here](#). On a social media platform of your choosing use [#ThanksToTheADA](#) to share what the ADA has meant to you. Watch the [video](#) to learn more and get examples of ways you can participate. Watch history in the making the [signing ceremony](#) thirty-one years ago.



Restorative Practices

Restorative practices at school is a positive step forward in helping all students learn to resolve disagreements, and take ownership of their behavior, and engage in acts of empathy and forgiveness. Restorative practices can be implemented in the classroom or even outside of school. These practices increase skills in listening, affective communication, and curiosity questions. Check out how restorative practices can make a critical difference in a student's day with this [infographic](#).

Inclusion for All

Disability Inclusion is including people with disabilities in everyday activities and creating accessible environments and equitable opportunities, similar to their peers who do not have a disability. Disability inclusion means understanding the relationship between the way people function, how they can participate in society, and making sure everybody has the same opportunities to participate in every aspect of life to the best of their abilities and desires. Everybody can make a difference! [Promote Inclusion for all](#)

My Child's Reading Skills

Reading is an important part of your child's development. Strong reading skills are a good foundation to set your child up for success in life. Reading helps your child improve their ability to concentrate and develop a longer attention span for other academics. This [tip sheet](#) can help parents to ask questions about their child's literacy skills. Nevada PEP offers a webinar called How is my Child Reading? Sign up on the [Training Calendar](#), this webinar will help parents to understand terms that are used when discussing reading and writing with school staff.

Social-Emotional Learning Parent Toolkit

This [Parent Toolkit](#) can help you understand more about the importance of social, emotional, and academic development for youth with disabilities. The goal of this toolkit is to help you work together with your child's school to ensure students with disabilities can successfully learn and develop.

What is a Learning Disability?

Learning Disabilities is an "umbrella" term describing a number of more specific learning disabilities, such as dyslexia and dysgraphia. Find the [signs and symptoms](#) of each, plus strategies that can help. In Federal law, under the Individuals with Disabilities Education Act (IDEA), the term is "specific learning disability," is one of 13 categories of disability under that law. Here is a helpful [Parents Guide](#) on questions to ask Educators if your child is struggling.



The Effects of Bullying

Kids who are bullied often have low self-esteem, they have a hard time making friends, and struggle to maintain healthy friendships. They can suffer from depression or anxiety, sometimes kids can become socially withdrawn, isolated and lonely. Here is an overview of the [effects of bullying](#) and tips on how kids can heal.

Early Childhood Inclusion

A-Z's Sensory Play Ideas for Kids

These sensory play ideas for kids were developed by mom's who are therapists, teachers, or homeschoolers who use sensory play with their own kids. [Here are all the ideas in alphabetical order](#). Sensory play is an important part of development! Sensory play can help children learn and complete other areas of development like language, fine motor, gross motor, and social skills.

PEP Webinars

Great opportunities to learn information to improve education opportunities for your child. Click the links below to get a description and register for these amazing FREE trainings. For a complete list of our archived webinars [click here](#).

- Presented by Nevada PEP

[Six Advocacy Tips that Turn No's Into Yes's!](#)

Monday, July 12, 3pm – 4pm

[Evaluation & Response to Intervention \(RTI\)](#)

Tuesday, July 13, 2pm – 3pm

[Special Education in a Pandemic](#)

Wednesday, July 14, 5:30 – 6:30pm

[Educación Especial en una Pandemia](#)

Miércoles, 21 de Julio, 2pm – 3pm



Legislation that Supports Student and Educator Success

The Nevada Department of Education celebrates the passage of several bills during the 81st (2021) Legislative Session that will have long-term, positive impacts for Nevada's students, educators, and families. See the [Bills highlighted by the Nevada Department of Education](#).

Suicide Proofing Your Home

The Pandemic has put a lot of stress and anxiety on families. Children are struggling with mental health needs such as depression. According to the Nevada Coalition for Suicide Prevention suicide is the first leading cause of death for Nevadans ages 12-19 and second leading cause of death for ages 20-44. In these stressful times, parents might want to think about Suicide Proofing their home. This brochure is in [English](#) and [Spanish](#) which offers tips and ideas for keeping your family safe.

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Youth MOVE Nevada

The month of June was a total success for Youth MOVE Nevada. We provided a safe space to learn about IEPs and 504 and how youth can get involved in decision-making. We look forward on talking more about mental health throughout the summer and offering helpful resources. Don't forget to check out our [mental health activity book](#), and catch up with us on [Facebook](#), [Twitter](#), and [Instagram](#).

Transition Corner



Becoming Adults

Before you know it our children will be adults, learning self-advocacy and self-care management skills are critical to be independent adults. This [informational sheet](#) for parents and young adults offers some great ideas to help your son/daughter become more independent and learn how to advocate for themselves and build decision making skills, how to be more involved in their self-care and communicate with their medical doctor.

Statewide Family News

July is [Minority Mental Health Awareness Month](#), in honor of mental health advocate [Bebe Moore Campbell](#). Throughout the month, there will be a focus on the mental health [needs](#) and [barriers](#) minorities face and ways to improve. There also will be an emphasis on the importance of [Culturally and Linguistically Appropriate Standards](#) along with more [resources in languages](#)

[other than English](#). Reach out to the [Statewide Family Network](#) for support with your child's mental and behavioral health needs because [You Are Not Alone](#).

PEP Support Groups

Join Nevada PEP's support groups, meet other parents, learn about different resources, and make new friends. Support groups are in both English and Spanish go to our [training calendar](#) to register. These are challenging times for families our support groups will make you feel that you are not alone, PEP is here to support you. To join our zoom meeting follow these simple instructions [English](#) or [Spanish](#).

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Watch a step by step ["How to" video here](#)



p: 702-388-8899

f: 702-388-2966

Satellite Office:

4600 Kietzke Lane, Suite I-202

Reno, NV 89502

p: 775-448-9950

f: 775-448-9603

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