Sample Self-Advocacy Plan

Name __________________________ Age _____ Date ___________ School __________________________

Important Information About Me

The most important part of self-advocacy is being able to share information about yourself with others. In order to be prepared in an IEP meeting, think about and write responses to the following:

1. **What positive information do I want to share with others, such as my interests and strengths?**
   
   **Interests:**

   **Strengths:**

2. **What do I want to learn or work on improving this year?**

3. **What are my special concerns?**

4. **What goals have I set for myself for the future?**
   
   **Next year:**

   **After high school:**
5. How would I explain my disability to others?

6. What do I need to be successful? (I need the following accommodations; explain why.)

7. How do I learn best?

8. What does not work for me?

9. This year I intend to:
   - Give important information to my parents or teacher to share with the IEP team
   - Lead my IEP team meeting
   - Come for just a few minutes rather than attending the whole meeting
   - Attend an entire IEP meeting
   - Understand what is written in my IEP
     - Goals and objectives?
     - Related services?
     - Accommodations?
     - Assistive technology?
   - Review the results of the meeting with my parent or my teacher
   - My other self-advocacy plans include: