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Nevada PEP celebrates 25 years of helping Nevada families!

June 28, 2021

21st Anniversary of Olmstead

On June 22, 1999 — 22 years ago today — the U.S. Supreme Court ushered in a revolution when it opened the doors for thousands of people with disabilities to live independently. The landmark *Olmstead v. L.C.* decision established the right of a person with a disability to live and receive services in the most integrated setting possible. It's been called “the most important decision for people with disabilities in history” and it happened only 22 years ago. Read the [history of Olmstead](#)

Do You Want to Share Your Experience with Children's Mental Healthcare in Nevada?

The United States Department of Justice (DOJ) is investigating the State of Nevada related to Children's Mental Healthcare. The DOJ wants to hear from parents and providers. [Click here](#) for more information.

Eviction Moratorium Extended

The Biden administration has extended the nationwide ban on evictions for a month to help millions of tenants unable to make rent payments during the pandemic. The CDC said that “this is intended to be the final extension of the moratorium. The moratorium is extended from June 30 until July 31. [Read more here . . .](#)



Disability Resource Centers (DRC)

Helps Students with Disabilities Transition into College Summertime is a good time for students who are thinking about college to get familiar with the DRC at their college. Most universities and community colleges have a DRC to help students with disabilities transition into college. The DRC gives information on accommodations, Assistive Technology, and self-advocacy and more. The DRC programs can help you to make your college experience a successful one. For more information check out the DRC programs-

In Northern Nevada: [UNR](#)- [TMCC](#)- [WNC](#)- [GBC](#)- [SNU](#)

In Southern Nevada- [UNLV](#)- [CSN](#)- [NSC](#)

How Did The Pandemic Impact Your Child's Education?

The Guinn Center is studying how the pandemic impacted student with Individual Education Programs (IEPs), especially in the area of the digital divide and remote learning. Parents if you would like to participate in sharing your experience during this difficult time, please [click here](#) to take the survey.

Information on ADHD

Before you know it, summer will be over, and the kids will be going back to school. For some kids who have ADHD it can be a difficult time. Often times, kids with ADHD have a hard time focusing, sitting still, or even following directions. These infographics offers tips to parents to help their children. Here is a [Fact Sheet on ADHD](#), this may help with your teen [ADHD and your Teens](#) or some tips on [Parenting a Child with ADHD](#).



Bullying and Children with Disabilities

Children who bully others also often target children who seem "different". Children with disabilities or chronic diseases are sometimes more likely to be bullied than children without disabilities. Bullying, teasing, and harassment

should not be considered normal behavior or “kids just being kids”. Bullying can have long term effects, it can cause depression, low self-esteem, suicidal thoughts and behaviors and lead to social isolation. [Click here](#) for more information. Parents can learn some of the [signs](#) to look for if they think their child is being bullied.

PEP Webinars

Great opportunities to learn information to improve education opportunities for your child. Click the links below to get a description and register for these amazing webinars.

- Presented by Nevada PEP

[How Is My Child Reading?](#)

Wednesday, June 30, 11am – 12pm

[Introduction to IEP - Virtual Style](#)

Thursday, July 1, 3pm – 4pm

[Positive Behavioral Approaches for Parents](#)

Tuesday, July 6, 5:30pm – 6:30pm

[Considering College: Learn What's Available and How to Get It](#)

Wednesday, July 7, 5pm – 6pm

Suicide Proofing Your Home

The Pandemic has put a lot of stress and anxiety on families. Children are struggling with mental health needs such as depression. According to the Nevada Coalition for Suicide Prevention suicide is the first leading cause of death for Nevadans ages 12-19 and second leading cause of death for ages 20-44. In these stressful times, parents might want to think about Suicide Proofing their home. This brochure is in [English](#) and [Spanish](#) which offers tips and ideas for keeping your family safe.

Celebrating PRIDE Month

During PRIDE Month, [FREDLA](#) celebrates individuals who identify as lesbian, gay, bisexual or transgender. Everyone deserves to feel accepted and embraced by their families and communities. FREDLA is pleased to share resources to support our families, caregivers, youth and young adults who identify as LGBTQ+. ([PFLAG](#)) Parents, Families, Friends, and Allies of Lesbians and Gay is a national organization for anyone united with people who are LGBTQ. A [Fact Sheet](#) for Parents and Families. Tips on how families can support their [LGBT Children](#). A guide to help Foster Parents- [Supporting](#)

LGBTQ. A U-tube video [support for LGBTQ starts at home](#). The Trevor Project's 2021 National Survey on LGBTQ Youth Mental Health captures the experiences of nearly 35,000 LGBTQ youth ages 13–24 across the United States. See results of the [survey](#).

Are You Passionate About Helping Families?

[Apply Here](#) for opportunities in Las Vegas and Reno, NV.



Quizlet App

Quizlet is the easiest way to study, practice and master what you're learning. Create your own flashcards or choose from millions created by other students. More than 50 million students study for free with the Quizlet app each month!

-Happy Apping



Quizlet App By: Quizlet Inc.

Statewide Family News

The Statewide Family Network supports families when their children with behavioral and mental health needs are disciplined at school. Often, students with disabilities face more [disciplinary action at school](#) than other students. In the upcoming school year, parents may want to [plan ahead for school meetings](#) about their children's behavior or [help school staff learn](#) about mental and behavioral health. Families can also [share their lived experience](#) with the US Department of Education.

Transition Corner



Reaching Out for Help!

Some young adults suffering from Mental Health, may have a difficult time reaching out for help. They may feel that people will look at them differently, or they feel they should be able to handle it on their own. Young adults need to understand and feel comfortable about reaching out for help. Here is some great information on [it's okay to ask for help](#). This is a great [fact sheet](#). Another good source is the Talkspace App for [Apple](#) or [Android](#). For more information, [Click here](#).

Military-Connected Children News

2021 Military Child Education Coalition National Training Seminar

[MCEC's 2021 National Training Seminar](#) is scheduled for Thursday, July 15. Learn from subject matter experts and network with military-connected peers from around the world. You can get a jump start by registering now for the courses of your choice

Youth M.O.V.E. Nevada Update

Youth MOVE Nevada is keeping busy and continuing to support youth throughout Summer. We are hosting weekly [support groups every](#) Tuesday where we offer a safe space to discuss timely youth topics and mental health. We've enjoyed discussing self-advocacy this month through school meetings like IEPs and 504s. We are always engaging on social media; so catch up with us on [Facebook](#), [Twitter](#), and [Instagram](#).



Smith's Inspiring Donations

Helping Nevada PEP is easy!

Simply enroll your rewards card by going to [Smith's Inspiring Donations](#). Once you're successfully enrolled, choose Nevada PEP as your organization of choice. A portion of your purchase will be donated from Smith's. (Does not affect your normal Smith's card rewards!)

Watch a step by step "How to" video [Here...](#)



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