

[Subscribe](#)
[Past Issues](#)
[Translate](#)
[RSS](#)
[View this email in your browser](#)


# E-POST

Nevada PEP celebrates 25 years of helping Nevada families!

March 10, 2021

## U.S. Department of Education Guidance

The U.S. Department of Education released guidance to States on assessing student learning during the Pandemic. The guidance discusses the importance of flexibility in assessing students learning. The pandemic has changed education and what student's have learned during the school year. Click here to read the [U.S. Department of Education Guidance](#).



## Tips to Make Science Fun

Science should be a fun subject to learn, there are many ways to explore fun activities for children with special needs. There are easy ways to work around accessibility and sensory challenges by thinking outside the box. Read about creative ways to help children with special needs enjoy [science](#). When learning is fun kids are more engaged. Ideally, we want every student to be excited about learning.

## Parents Can Help Students Read at Home and Turbocharge Learning

The role of teachers and parents has always been important in supporting student learning. The pandemic has made this partnership even more important as teachers and parents work together to keep kids engaged. Bookshare's

Individual Membership is the perfect tool for both teachers and parents to support learning wherever that takes place. [Here's how.](#)

## Learn about Discovery Education

Discovery Education is a statewide partnership between Nevada Department of Education and Nevada Gold Mines and Discovery Education. All students in Nevada have access to Discovery Education, some of the cool things for students is educational videos, reading in multiple languages, and so much more. Parents can learn about this exciting collaborative effort at [Introduction to Discovery Education](#).

## Living with Anxiety and Covid-19

Parents may be experiencing anxiety due to the impact of COVID-19 on their family. Many families are faced with unemployment, loss of loved ones, food insecurities. Children can often sense their parent's anxiety. Here are some [tips for parents](#) to use. Parents can't control the future, but you can take charge of the present.



## #SafeAllies Announces New Podcasts

The #SafeAllies program is a collaboration of Nevada PEP and Youth M.O.V.E. Nevada. #SafeAllies reaches children and youth with digital resources and youth designed activities. #SafeAllies is excited to announce new and informative [Podcasts](#) on the topics of Bullying. These Podcasts have great information for Parents and Students on different strategies to use and how to report bullying. Check back frequently for new Podcasts. Youth M.O.V.E. Nevada invites youth to join their group meetings, go to Nevada PEP's [training calendar](#) and [Register Here](#) for virtual meetings for Nevada's youth ages 14-24, learn how your lived experience can influence systems change for youth in Nevada. Join their [Podcasts](#) on many different topics, check it out!

## Meet Our New Secretary of Education

President Biden has appointed Miguel Cardona as the new Secretary of Education. Mr. Cardona is a former fourth grade teacher in the same district where he attended school. He soon became a principal and then assistant superintendent of the district before being named state commissioner in 2019.

Read his introductory [letter](#) to the Nations Parents and Students. Read more about the life of [Miguel Cardona](#).

---

## Suicide Proofing Your Home

The Pandemic has put a lot of stress and anxiety on families. Children are struggling with mental health needs such as depression. According to the Nevada Coalition for Suicide Prevention suicide is the first leading cause of death for Nevadans ages 12-19 and second leading cause of death for ages 20-44. In these stressful times, parents might want to think about Suicide Proofing their home. This brochure is in [English](#) and [Spanish](#) which offers tips and ideas for keeping your family safe.

---



## Virtual and Hybrid Learning

The pandemic has changed the way we live, work, and educate children. Most children have started Hybrid learning. Going back into the classroom to or three days a week can be challenging for some children. School is not going to be the same as it was. Here are [eight tips](#) for parents to help children benefit from Hybrid or Virtual Learning. The [CDC](#) has recommendations for schools to open safely, parents will want to know if their child's school is implementing these safety measures.

---

## Nevada Health Link opens a 90-day Special Enrollment Period

Nevada Health Link has a 90-day Special Enrollment Period (SEP) for [uninsured Nevadans](#), through May 15, 2021. The SEP is in accordance with the Executive Order issued by President Biden last month in response to the ongoing national emergency presented by COVID-19. Click here to [learn more](#).

---

## PEP Webinars

Great opportunities to learn information to improve education opportunities for your child. Click the links below to get a description and register for these amazing webinars.

- Presented by Nevada PEP

## Six Advocacy Tips that Turn No's Into Yes's!

Tuesday, March 16, 6pm – 7pm

[¡Seis Consejos de Abogacía que Gira de un No a un Sí!](#)

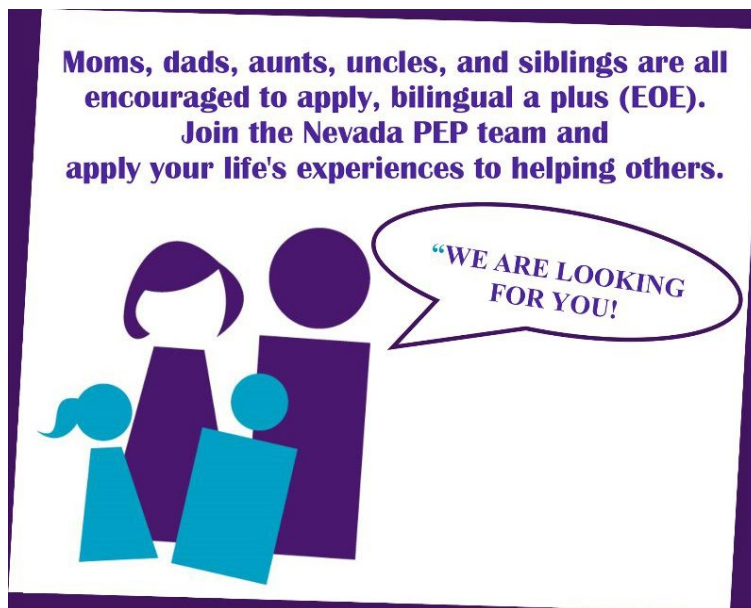
Jueves, 18 de Marzo, 5:30pm – 6:30pm

[Considering College? Learn What's Available and How to Get It!](#)

Thursday, March 25, 2pm – 3pm

---

**Are You Passionate About Helping Families?** [Apply Here](#)



---

## Baby Shark Best Kids Songs App

Baby Shark Best Kids Songs & Stories is a safe, educational app for all kids who love singing & dancing.

-Happy Apping



Baby Shark Best Kids Songs App, By: SmartStudy

---

## Workshops for Parents

PBS-Nevada Family Support Project is a statewide project that provides services to families and caregivers of individuals with disabilities. PBS-Nevada is funded by Fund for a Healthy Nevada and the Nevada Center for Excellence in Disabilities.

Thursday, March 11th: [Potty Pros Workshop](#)

Time: 5:30pm-7:00pm \*Online

Thursday, March 18th: [Building Cooperative Behavior](#)

Time: 5:30pm-7:00pm \*Online

Friday, March 19th: [Routines and Transitions Workshop](#)

Time: 10:00am-12:00pm \*Online

Tuesday, March 23rd: [Picky Eaters Workshop](#)

Time: 5:00pm-7:00pm \*Online

Wednesday's: March 19th, April 7th, 14th & 21st:

[Addressing Challenging Behavior](#)

Time: 5:30pm-7:30pm \*4 Session Workshop \*Online

---

## Youth MOVE Nevada

Youth MOVE Nevada has a busy month ahead with Children's Week at the Nevada Legislature. Our Youth MOVE members are sharing their mental health experience through short videos and youth panels. We released a [special podcast episode](#) on the legislative session and interviewed three special guests to help us understand this process. [Register](#) to participate in our meetings, visit our [website](#), and connect with us on [Facebook](#), [Twitter](#), and [Instagram](#).

---

## Transition Corner

### Do You Have Questions About Graduation?

The pandemic has created uncertainty for many high school seniors with disabilities and their families. The Nevada Department of Education (NDE) has provided a fact sheet about [graduation](#). Check out this list of tips for graduating students from Nevada Department of Education [Path Forward](#) guidance. Consider meeting with the IEP team and discuss what transition skills needs to be worked on to help a student with a disability be prepared for further education, competitive employment, and independent living.

---

### Statewide Family News

Over the next few weeks, many students across Nevada will be going back to some type of in-person learning. Typically, some students experience [separation anxiety](#) when they go back to school in the Fall. However, going back to school during the Pandemic may bring also bring confusion and fear for [children](#) and [youth](#). Parents can reach out to the [Statewide Family Network](#) for tips on helping their children to [cope with schools reopening](#).

---

### PEP Support Groups

Join Nevada PEP's support groups, meet other parents, learn about different resources, and make new friends. Support groups are in both English and

Spanish go to our [training calendar](#) to register. These are challenging times for families our support groups will make you feel that you are not alone, PEP is here to support you. To join our zoom meeting follow these simple instructions [English](#) or [Spanish](#).



You shop. Amazon gives.



### AmazonSmile Program

When you use your existing Amazon.com account to shop through AmazonSmile, 0.5% of your eligible purchases will be donated to Nevada PEP. AmazonSmile is the same Amazon you know. Same products, same prices, same service. Learn more or get started today!

Go to: [AmazonSmile for Nevada PEP](#)

### Smith's Inspiring Donations

Helping Nevada PEP is easy! Simply enroll your rewards card by going to [Smith's Inspiring Donations](#). Once you're successfully enrolled, choose Nevada PEP as your organization of choice. A portion of your purchase will be donated from Smith's. (Does not affect your normal Smith's card rewards!)

Watch a step by step ["How to" video here](#)



Copyright © 2021 Nevada PEP, Inc., All rights reserved.

p: 702-388-8899

f: 702-388-2966

**Satellite Office:**

4600 Kietzke Lane, Suite I-202

Reno, NV 89502

p: 775-448-9950

f: 775-448-9603

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).

Nevada PEP provides links and references to information and applications for your own use and is not able to offer any warranty regarding their use or application. Visitors that download information from this site do so at their own risk.