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Nevada PEP celebrates 25 years of helping Nevada families!

October 26, 2020



Every October Nevada PEP recognizes National Bullying Prevention Month with our signature Run Walk Roll Against Bullying event. In keeping with the need to social distance, PEP has decided to adjust course this year and launch a social media awareness campaign called “I Care, We Care” in partnership with Findlay Automotive Group and Fox 5 Take 5 to Care. Share your care message NOW [Here- Get involved](#). Thank you!

Federal Rental Protections During Pandemic

Nevada’s statewide moratorium prohibiting evictions expired on October 15, however there may still be other options. The Centers for Disease Control and Prevention order prohibits evictions in Nevada through the end of December 2020, under certain conditions. For more information and resources for rent and mortgage payment assistance. [Click here for more information](#).

Parents: How Is This School Year Going?

The Nevada Department of Education, UNR Extension and the College of Education and Human Development, is asking for your help in identifying

educational needs and improving the quality of educational delivery during COVID-19. The survey is presented in English, but a button on the top right of the first page will convert the survey to Spanish. Please share the survey link with other parents [Educational Pandemic Needs](#).



Dispute Resolution

Parents have different options if they disagree with their child's special education program, the [Nevada Department of Education](#) has a link on their home page titled [IDEA Dispute Resolution](#) that has options for resolving differences. Parents can request an [IEP Facilitation](#) which is a process where a non-bias facilitator helps with communication at the IEP meeting to develop a meaningful IEP. Another option is [Mediation](#) this is a meeting between parents and the school district. A person who does not work for the school district helps both sides to find agreement. Parents also have the option to file a [State Complaint](#) which is an option provided by IDEA used when parents believe the school has violated special education law or regulation(s). Another option is a [Due Process](#) hearing, this is a formal hearing, each side presents its position and a hearing officer makes the final decision. In addition to IDEA related resolution options, the Nevada Department of Education offers a [Constituent Concern Inspection](#) process that can be initiated by a person, including an organization, or governmental agency when there is a belief that there is noncompliance with the laws and regulations governing the education of pupils with disabilities by providers of special education. PEP staff is available to provide families with more information about any of the above options.

Suicide Proofing Your Home

The Pandemic has put a lot of stress and anxiety on families. Children are struggling with mental health needs such as depression. According to the Nevada Coalition for Suicide Prevention suicide is the first leading cause of death for Nevadans ages 12-19 and second leading cause of death for ages 20-44. In these stressful times, parents might want to think about Suicide Proofing their home. This [brochure](#) offers tips and ideas for keeping your family safe.

Little Children, Big Challenges

Young children are going through some tough times. Elmo discusses "big" feelings that children have during this difficult time. This video is excellent for young children teaching them how to build resilience and how to get through some challenges that children may be experiencing during this pandemic. Join the [Sesame Street](#) Gang to learn about sharing feelings and other important topics.

Connecting Kids Nevada

Most of Nevada's students have started the school year learning online, but not all Nevada students have access to the equipment they need to participate and succeed in a virtual classroom.

- 1) Need a device for your student? Call your school.
 - 2) Need internet connectivity? Call the Family Support Center at 888-616-2476
- Visit www.connectingkidsnv.org for more information . . .
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Nevada ranked 51st in Youth Mental Health

Mental Health America (MHA) recently released their [The State of Mental Health in America](#) for 2021. This annual report includes state rankings for adult and youth mental health. As in previous years, Nevada was ranked 51st in the nation for youth mental health. MHA ranks youth mental health using seven metrics. One striking metric was that 71% of Nevada youth who experienced a Major Depressive Episode did not receive any mental health treatment, compared to 59.6% nationally. The statistics and rankings in the MHA report highlight the need for parents and youth across Nevada to advocate for better access to youth mental health services.

PEP Webinars

Take a short break and get the information you need without leaving the indoor warmth of your home or work. Click the links below to get a description and register for these amazing webinars.

- Presented by Nevada PEP

[Bullies, Acosados y Espectadores: Repuestas que Functionan](#)

Tuesday, October 27, 3pm – 4pm

Positive Behavioral Approaches

Thursday, November 5, 12pm – 1pm

[Evaluation & Response to Intervention \(Rtl\)](#)

Friday, November 13, 10am – 11am



Leela Kids: For 3-15 Year Olds Podcasts App

Are you worried about screen time for your kids? Well, no more. Leela Kids offers the best stories for your kids based on their age and topic of interest. Just click & listen! As easy as that! Leela Kids has kid-safe content and no-brainer for parents/kids to use at home or while on road trips.

-Happy Apping



Leela Kids: For 3-15 Year Olds App, By: Leela Labs Inc.

Transition Corner

Maintaining Social Relationships

COVID-19 has presented many challenges for our children, besides distance learning, the other challenge even more important is not being able to see their friends every day, and not being able to have that social interaction, which can lead to loneliness. This article offers [10 fun ways](#) to keep kids connected while having fun with their friends.

Youth M.O.V.E. Nevada Update

In honor of October being National Bullying Prevention Month, Youth MOVE Nevada centered most of our activities around bullying, including our [podcast](#). On Unity Day, October 21st, we co-hosted a Twitter Chat to speak up and speak out against bullying. Also, Youth MOVE Nevada is continuing to

participate in the [I Care, We Care](#) campaign and sharing youth care messages on social media. Get involved and stay connected by checking out our website at www.nvpep.org/youth-move and getting access to more resources on Facebook: facebook.com/youthmoventv, Twitter: [@YouthMOVEnv](https://twitter.com/YouthMOVEnv), and Instagram: [@YouthMOVEnv](https://www.instagram.com/YouthMOVEnv).

Statewide Family News

On October 21st, the Statewide Family Network co-hosted a [Twitter Chat](#) for Unity Day to prevent bullying and to promote kindness, acceptance, and inclusion. Participants took selfies wearing orange, shared care messages, and talked about ways to prevent bullying. Thank you to our community partners, parents, Nevada PEP staff, national organizations, public officials, and individuals for joining the conversation.



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Watch a step by step "How to" video [Here . . .](#)

AmazonSmile Program

When you use your existing Amazon.com account to shop through AmazonSmile, 0.5% of your eligible purchases will be donated to Nevada PEP. AmazonSmile is the same Amazon you know. Same products, same prices, same service. Learn more or get started today!

Go to: [AmazonSmile for Nevada PEP](#)



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