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Nevada PEP celebrates 25 years of helping Nevada families!

October 13, 2020



Nevada PEP recognizes October as National Bullying Prevention Month! In keeping with the need to social distance, PEP in partnership with Findlay Automotive Group and Fox 5 Take 5 to Care has launched a social media awareness campaign called “I Care, We Care Together We Can Stop Bullying”. Share your Care message and check out the gallery wall [Here and Get involved!](#)

Get your **ORANGE** on!

On Wednesday October 21st Nevada PEP is partnering with the National Bullying Center to celebrate Unity Day. This is a day when we can come together in one giant **ORANGE** message of hope and support. Join Youth MOVE Nevada on a Twitter chat from 12:00-1:00 **#UnityDaynv**. The goal is to bring individuals together across the state to share the message of Kindness,

Acceptance, and Inclusion. You can show your support for Unity Day - wear **ORANGE** and submit your photos on the Nevada PEP "I Care, We Care" page to be added to Community Care Gallery, [click here](#)

Be Safe this Halloween

The fall season is here, and Halloween is right around the corner. Due to COVID-19, Halloween will look very different this year. Southern Nevada Health District has some tips on being safe this Halloween or offering Safer Alternatives to Celebrate go to a [fun and safe Halloween](#) for more information.

Monitoring Browsing Activity when Students are Logged in to a School Email Account

Distance Learning has required Nevada school districts to explore ways to protect students from accessing dangerous or inappropriate websites while they are doing their schoolwork. Clark County School District has implemented [GO Guardian](#) software to manage their devices, collect browsing data, and keep students safer online. If parents are concerned about the Go Guardian monitoring [click here](#) for more information or talk with your child's school.

Why Communication is So Important

We would never have imagined any school year like this one. Who would have thought that wearing masks and going to school meant signing on a laptop in the living room was the new normal? With the way kids are being taught today, communication between parents and educators is more important than ever. This [article](#) highlights great tips for parents and educators on good communication and how it can be the key to helping our children thrive.

Learn How You Can Decide on a Career

The Nevada Career Explorer site is designed to help youth explore, plan, and prepare for a career. These tools can help you learn about yourself, employment options, and many more. Go to [Nevada Career Explorer](#) to get started.

Youth Psychiatric Services

Nevada Department of Child and Family Services offers no cost Youth psychiatric services to uninsured and/or underinsured youth ages 12-17.

Services are available by telehealth/ video conferencing. In person visits also available according to COVID-19 safety precautions. For more information [click here . . .](#)

Military-Connected Children News

Free Legal Support for Military Families with Special Needs

Military families with special needs can access free support from installation legal offices for a variety of matters, including educational law and PCS and deployment issues. Support varies by service and installation, so see what your local legal office can do for you. For more information go to [free legal support](#), for a variety of topics that the legal office can help you with.

PEP Webinars

Take a short break and get the information you need without leaving the comfort of your home or work. Click the links below to get a description and register for these amazing webinars.

- Presented by Nevada PEP

[Procedural Safeguards](#)

Tuesday, October 13, 3pm - 4pm

[Introduction to IEP - Virtual Style](#)

Thursday, October 15, 12pm - 1pm

[Considering College? Learn What's Available and How to Get It](#)

Wednesday, October 21, 11am – 12pm

[Bullies, Acosados y Espectadores: Respuestas que Funcionan](#)

Martes, Octubre 27, 3pm – 4pm



Alphabet Soup For Kids App

Can you find all of the delicious words in your hot bowl of letter soup? Tour the world in a scintillating soup saga through 30 culinary cuisines, all while boosting your brain power and vocab.

-Happy Apping



Alphabet Soup For Kids App, By: Cynthia Childs



Keeping Food on the Table

With many families being laid off from work or on reduced hours, keeping food on the table has become a struggle that families deal with every day. There is help and resources for families, the Food Banks in Nevada has many different options for families to get food, with Social distancing families have the option for [drive thru distribution](#) sites or [walk in pantries](#). If you are 60 or older you can have the option of the [Golden Groceries](#) program, the food can be pickup curbside or delivered to your home. In Southern Nevada and Rural Southern Nevada areas find Food Bank information at [Three Square](#). In Northern Nevada and Rural Northern Nevada areas you can find [Food Bank](#) information at Food Bank of Northern Nevada.

PEP Support Groups

Join Nevada PEP's support groups, meet other parents, learn about different resources, and make new friends. Support groups are in both English and Spanish go to our [training calendar](#) to register. These are challenging times for families our support groups will make you feel that you are not alone, PEP is here to support you. To join our zoom meeting follow these simple instructions [English](#) or [Spanish](#).

Youth M.O.V.E. Nevada Update

Happy October from Youth MOVE Nevada! October marks bullying awareness month and Youth MOVE Nevada has plenty of events planned to bring awareness to the problem of bullying and ways to stop it. The YMNV podcast will be releasing an episode about ways to navigate bullying situations. We will also be involved with the brand-new #SafeAllies podcast, a source for youth and families alike to find resources about bullying. Lastly, is the new "I Care,

We Care” campaign. By visiting the Nevada PEP website, you can create your own anti-bullying message and submit it to be shown on the website along with sharing on your personal social media to show how you stand with your community against bullying! To become a Youth Move Nevada member and get involved in future meetings and activities, be sure to check out our website at www.nvpep.org/youth-move and don't forget to follow us on Facebook: facebook.com/youthmoenv, Twitter: [@YouthMOVEnv](https://twitter.com/YouthMOVEnv), and Instagram: [@YouthMOVEnv](https://www.instagram.com/YouthMOVEnv).

Statewide Family News

Resources for Cyberbullying

This year, the increase in distance education due to COVID-19 could mean an increase in cyberbullying. Responses to cyberbullying may be different than traditional bullying. For example, children and youth may want to take screenshots and save text messages to report a cyberbullying incident. The Statewide Family Network is here to offer support and [resources](#) to families whose children or youth are impacted by cyberbullying.



Smith's Inspiring Donations

Helping Nevada PEP is easy!

Simply enroll your rewards card by going to [Smith's Inspiring Donations](#). Once you're successfully enrolled, choose Nevada PEP as your organization of choice. A portion of your purchase will be donated from Smith's. (Does not affect your normal Smith's card rewards!)

Watch a step by step ["How to" video here](#)

AmazonSmile Program

When you use your existing Amazon.com account to shop through AmazonSmile, 0.5% of your eligible purchases will be donated to Nevada PEP. AmazonSmile is the same Amazon you know. Same products, same prices, same service.

Learn more or get started today!

Go to: [AmazonSmile for Nevada PEP](#)

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You shop. Amazon gives.



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