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*E-Communiqué*

Nevada PEP celebrates 25 years of helping Nevada families!

September 25, 2020



Every October Nevada PEP recognizes National Bullying Prevention Month with our signature Run Walk Roll Against Bullying event. In keeping with the need to social distance, PEP has decided to adjust course this year and launch a social media awareness campaign called “I Care, We Care” in partnership with Findlay Automotive Group and Fox 5 Take 5 to Care. Sign up for updates [Sign up- Get involved](#).

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## Special Education in a Pandemic

As we think about the upcoming school year, it is important to remember that special education is designed to meet the unique needs of the individual student. Schools will need to be flexible and sensitive to family circumstances. Being creative and working collaboratively with families will help to ensure student success. For more information [Click Here English](#) | [Spanish](#)

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## Tips to Help Your Child be Organized

A few kids seem naturally organized, but for most kids' organization is a skill learned over time. With help and some practice, kids can develop an effective approach to organizing their backpacks or their bedrooms. There are many things that you can help your child with go to [Understanding your child's trouble with organization](#), this article offers great tips for parents, that may help your child be more organized.



## Impact of COVID-19 on Families

Over the Summer, Nevada PEP surveyed families to learn about the impact of COVID-19. Youth MOVE Nevada also surveyed their participants to uplift the voices of youth during the pandemic. Of the nearly 400 participants, 62% of families were concerned about finances and 62% of youth missed going to school in-person. You can view the full results of [both surveys here](#).

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## Special Education What You Need to Know

Nevada PEP and Nevada Legal Services collaborated to provide families with important information about Special Education during this pandemic. [Click Here](#) to watch this informative webinar and learn how schools and parents can plan for students with disabilities to make progress during these unprecedented times.

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## Workshops for Parents

Positive Behavior Interventions and Support is offering trainings and strategies to help parents, these trainings are provided free of charge. Some topics include- rewarding appropriate behaviors, setting appropriate expectations, and Child Development among other topics. Parents and families that live in Pershing, Elko, Lander, or Humboldt counties will receive a copy of The Power of Positive Parenting for participating in a workshop series. For more information and to register [Click Here . . .](#)

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## Connecting Kids Nevada

Most of Nevada's students have started the school year learning online, but not all Nevada students have access to the equipment they need to participate and succeed in a virtual classroom.

1) Need a device for your student? Call your school.

2) Need internet connectivity? Call the Family Support Center at 888-616-2476

Visit [www.connectingkidsnv.org](http://www.connectingkidsnv.org) for more information . . .

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## Secretary DeVos Announces Student-Centered Grant Awards

WASHINGTON – Today, U.S. Secretary of Education Betsy DeVos announced new funding for two grant programs focused on meeting students' unique learning needs and improving student outcomes. [Learn More . . .](#)

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## Ginsburg Remembered For Impact On Disability Rights

Best known for standing up for women's rights, U.S. Supreme Court Justice Ruth Bader Ginsburg also played an outsized role in ensuring the rights of people with disabilities, advocates say.

Most notably, Ginsburg, who died Friday at the age of 87, wrote the majority opinion in the landmark 1999 ruling in *Olmstead v. L.C.* The decision affirmed the right of people with disabilities to live in the community. [Read More . . .](#)

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## PEP Webinars

Take a short break and get the information you need without leaving the indoor warmth of your home or work. Click the links below to get a description and register for these amazing webinars.

- Presented by Nevada PEP

[Evaluation & Response to Intervention \(RtI\)](#)

Tuesday, September 29, 2:00pm – 3:00pm

[Bullies, Targets, and Bystanders: Responses That Work](#)

Friday, October 2, 10:00am – 11:00am

[Understanding Section 504 - A Civil Rights Law](#)

Tuesday, October 6, 3:00pm – 4:00pm

[Six Advocacy Tips that Turn No's into Yes's!](#)

Friday, October 9, 11:00am – 12:00pm



## Caring for Each Other

Sesame Street and the gang are here to support you during the COVID-19. These are stressful times, and families everywhere are creating a new sense of normalcy. Go to [Caring for each other and get a virtual hug](#) from Elmo. Or go to [Sesame Street](#) for videos, activities, and tips for families.



## Daniel Tiger for Parents App

Help your child learn life's little lessons with their friend and neighbor, Daniel Tiger. Daniel Tiger for Parents is a parenting app that provides parents and caregivers with popular and catchy songs and videos from the hit PBS KIDS series, Daniel Tiger's Neighborhood.

-Happy Apping



Daniel Tiger for Parents App, By: PBS KIDS

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# Transition Corner

## Adjusting to the New Normal and Missing the Old

Many children miss how life was before the pandemic. They miss their friends, going to the movies, traveling or a birthday party. In every way our lives have been impacted by COVID-19. As we shift to a new normal, we tend to miss the old normal. This article talks about grieve and how we grieve for the way things use to be. It outlines the different stages of [grief](#) and how while we are adjusting to a different way of life we are missing what once was.

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## Youth M.O.V.E. Nevada Update

Youth MOVE Nevada is working hard to reach youth in Southern, Northern and Rural Nevada, and we are still holding two meetings a month. Our September podcast is about coping with COVID-19. We highlight relevant information, the mental health impact of COVID-19 and have a Q&A with one of our participants to bust myths for children and youth. Stay connected with Youth MOVE Nevada from home by checking out our website at [www.nvpep.org/youth-move](http://www.nvpep.org/youth-move) and getting access to more resources on Facebook: [facebook.com/youthmovenv](https://facebook.com/youthmovenv), Twitter: [@YouthMOVEnv](https://twitter.com/YouthMOVEnv), and Instagram: [@YouthMOVEnv](https://instagram.com/YouthMOVEnv).

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## Statewide Family News

The Statewide Family Network and the [Nevada Institute for Children's Research and Policy](#) presented the Clark County Children's Mental Health Consortium ([CCCMHC](#)) 10-Year Strategic Plan at the Nevada Public Health Association's ([NPHA](#)) [Annual Conference](#). The presentation is a part of the CCCMHC's communication plan to inform professionals, decision-makers, and the general public about the goals and objectives from 2020-2030. You can learn more about the CCCMHC 10-Year Strategic Plan, [Click Here . . .](#)

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## School Toolkit

School is different this year with most students remaining at home and having to do distance learning. Many students will feel very lonely not being able to socialize with their peers. Sometimes feeling of isolation can translate poor

sleep, depression, or anxiety. Mental Health America has developed a [back to school toolkit](#). This toolkit is designed to help students, parents, and school personal navigate the unknowns of COVID-19.

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## Sesame Street: Fluffster Wears a Mask

Wearing masks keep us and others around us healthy. Join Julia and her dad as they practice wearing masks before heading out to the park! [#SeeAmazing Watch of Facebook . . .](#)



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Watch a step by step "How to" video [Here . . .](#)

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