



E-Communique

Nevada PEP celebrates 25 years of helping Nevada families!

July 24, 2020

Celebrate the ADA July 26

The [Americans with Disabilities Act \(ADA\)](#) was signed into law on July 26, 1990 by President George H.W. Bush. This year marks 30 years since this major milestone made our nation's history. Since its passage in 1990, this landmark legislation has helped increase access and opportunity for people with disabilities in our nation's workplaces and communities. We can all celebrate this important historic event. Check out this [video](#) for ideas on how to celebrate.

Will Your School Re-Open? What's The Plan?

Johns Hopkins University has launched a [new tracker](#) that analyzes school reopening plans across the country. The tool examines whether each state reopening plan addresses a dozen different issues. You can also download state plans directly from the tracker.

Digital Learning in Nevada

The overall mission of the Nevada Digital Learning Collaborative is to provide support to educators and families so that ALL students continue to have access to high-quality, standards-aligned curriculum no matter what circumstances may arise in the future that might otherwise cause barriers to instruction. [Click here](#) for more information on digital learning in Nevada.

FCC Designates '988' as 3-digit number for National Suicide Prevention Hotline

The Federal Communications Commission adopted rules to establish 988 as the new, nationwide, 3-digit phone number for Americans in crisis to connect with suicide prevention and mental health crisis counselors. For more information [Click Here](#) The National Suicide Prevention Lifeline is a national network of approximately 170 crisis centers, supported by local, state, public, and private sources.

Nevada's Special Session Comes to an End

Nevada Gov. Steve Sisolak released the following statement after the Nevada Legislature adjourned the 31st Special Session to fill a historic \$1.2 billion budget shortfall caused by the COVID-19 global pandemic. As the final bills are sent to the governor for signature, he says he will sign them into law. Read the [full statement](#) from Governor Sisolak.

Positive Behavior Support of Nevada

PBS-Nevada Family Support Project is a statewide project that provides services to families and caregivers of individuals with disabilities. Check out their monthly workshop calendar for August!

- [Positive Behavior Support of Nevada](#) - Virtual Workshop
Tuesday's, August 4th, 11th, 18th and 25th
- [Apoyo Positivo de Comportamiento \(PBS\)](#) - Más allá de los Chicken Nuggets
Fecha: Jueves, 6th de Agosto
- [Positive Behavior Support of Nevada](#) - Building Cooperative Behavior
Friday, August 7th
- [Positive Behavior Support of Nevada](#) - Virtual Workshop
Wednesday's, August 26th, September 2nd, 9th and 16th

Random Acts of Kindness during COVID-19

This is a time of incredible stress for all of us. It is important that we continue to take care of ourselves, our family, friends, and community. Sometimes we need to remember to pay it forward, by doing very simple [random acts of kindness](#). We can model for our children and teach them [simple acts of kindness](#). We are all in this together and can get through this difficult time by showing support, kindness, and generosity toward family, friends. Never underestimate the impact one person can make.

Caring for Each Other

This is a stressful time for families. The Sesame Street gang is here to support you. This [Sesame Street website](#) is filled with content you can use to spark playful learning, and offer children comfort. This site will be adding fun new learning tools in the coming weeks, including new messages from your favorite Sesame Street pals. Stay tuned and sign up for our newsletter for more fun information! #CaringForEachOther

PEP Webinars

Take a short break and get the information you need without leaving the indoor warmth of your home or work. Click the links below to get a description and register for these amazing webinars.

- Presented by Nevada PEP

[Six Advocacy Tips that Turn No's into Yes's!](#)

Thursday, July 30, 12:00pm - 1:00pm

[Introduction IEP's- Virtual Style](#)

Tuesday, August 4, 3:00pm - 4:00pm

[Evaluation & Response to Intervention \(RtI\)](#)

Thursday, August 6, 10:00am - 11:00am

[How is My Child Reading?](#)

Wednesday, August 12, 2:00pm - 3:00pm

[Help Your Child Focus on Learning](#)

Friday, August 14, 1:00pm - 2:00pm

[Introduction IEP's- Virtual Style](#)

Tuesday, August 18, 12:00pm - 1:00pm

[Introducción al Curso del IEP](#)

Friday, August 21, 12:00pm - 1:00pm

[Considering College? Learn What's Available and How to Get It](#)

Thursday, August 27, 3:00pm - 4:00pm

[Six Advocacy Tips that Turn No's into Yes's!](#)

Friday, August 28, 10:00am - 11:00am

Moshi: Sleep and Mindfulness App

Kids can't sleep? Enjoy stress-free bedtimes by helping your little ones drift off quickly and easily. Use Moshi to quickly settle their kids into a peaceful, restful sleep with over 45 hours of original audio Stories, Meditations, Music and Sounds that you won't find in any other app. Includes special guest Moshi Stories.

-Happy Apping



Moshi: Sleep and Mindfulness App, By: Mind Candy Ltd

WHAT'S NEW IN SCHOOL?



Special Education in a Pandemic

As we think about the upcoming school year, it is important to remember that special education is designed to meet the unique needs of the individual student. Schools will need to be flexible and sensitive to family circumstances. Being creative and working collaboratively with families will help to ensure the student success. For more information [Click Here . . .](#)

Transition Corner



Mental Health and Your Teen During COVID-19

Teens may be asking, "Why can't I hang out with my friends in person?" Teens may be feeling worried, bored, or just very frustrated. Teens are stressing about family members, friends, grandparents. Sometimes teens have a hard time dealing with the stress on an emotional level. They may begin to feel depressed, hopeless, or anxious. [Click here for signs your teen may need more support](#). It is important to try to remain positive and keep the lines of communication open.

Youth M.O.V.E. Nevada Update

Happy August from Youth MOVE Nevada. We hope you've kept cool and stayed safe during this Summer season! We're excited about our latest podcast. The topic is self-advocacy, an important topic for youth of all ages. We define self-advocacy, discuss the importance of it and provide relevant tips to become a stronger self-advocate. Youth MOVE Nevada is also continuing to encourage youth to get engaged and be heard at our biweekly virtual meetings that happen on the first Tuesday and third Tuesday of the month.

Stay connected with Youth MOVE Nevada from home by checking out our website at www.nvpep.org/youth-move and getting access to more resources on Facebook: facebook.com/youthmovenv, Twitter: [@YouthMOVEnv](https://twitter.com/YouthMOVEnv), and Instagram: [@YouthMOVEnv](https://www.instagram.com/YouthMOVEnv).

Statewide Family News

Over the last few months, the Statewide Family Network has been attending school board meetings across the state to stay informed about district [re-opening plans](#). Many of the plans focus on distance education, but, for families of children with disabilities, facilitating online instruction can be especially difficult. **If you would like to share your experiences helping your child navigate virtual learning or how the re-opening plans may affect your family, contact Kendra Gipson, Family Voice Facilitator, at 702-388-8899.**



Smith's Inspiring Donations

Helping Nevada PEP is easy! Simply enroll your rewards card by going to [Smith's Inspiring Donations](#). Once you're successfully enrolled, choose Nevada PEP as your organization of choice. A portion of your purchase will be donated from Smith's. (Does not affect your normal Smith's card rewards!) Watch a step by step "How to" video [Here...](#)



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